

Sungeun Kang, PhD
DEPARTMENT OF EDUCATIONAL PSYCHOLOGY
UNIVERSITY OF NEBRASKA - LINCOLN
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ACADEMIC APPOINTMENT

Assistant Professor, Department of Educational Psychology, School Psychology
University of Nebraska-Lincoln | Lincoln, NE
(APA-accredited and NASP-approved program)

August 2023 – Present

EDUCATION & TRAINING

Postdoctoral Fellow, Behavioral Medicine and Clinical Psychology
Cincinnati Children's Hospital | Cincinnati, OH

September 2021 – August 2023

Ph.D. in School Psychology, College of Education

August 2021

The University of Iowa | Iowa City, IA
(APA-accredited and NASP-approved program)

Proposed dissertation: *Patterns of Goal Orientations, Goal Structures, and Achievement-Related Outcomes of High Potential Students*. Stewart Ehly (co-chair), Susan G. Assouline (co-chair), Duhita Mahatmya, Saba Rasheed Ali, Amy L. Conrad

Predoctoral Internship, Center for Autism Spectrum Disorders

August 2020 – August 2021

Nationwide Children's Hospital | Columbus, OH
(APA-accredited, APPIC internship)

Ed. S. in School Psychology

May 2018

The University of Iowa | Iowa City, IA

M.Ed. in Music Therapy Education

August 2006

Ewha Womans University | Seoul, South Korea

B.A. in Education (*graduated with first honors*)

February 2002

Hongik University | Seoul, South Korea

HONORS, AWARDS, & RECOGNITION

Junior Investigator Awards, National Fragile X Foundation

August 2022

Winifred S. Scott Scholarship, University of Iowa

2020 – 2021

T. Anne Cleary Psychological Research Scholarship, University of Iowa

April 2019

Student International Advocate, International Student and Scholar Services, University of Iowa

2017 – 2018

Audrey Quails Travel Awards, University of Iowa

2016 – 2018

Office of the Dean Graduate Student Travel Awards, University of Iowa

2016 – 2018

Graduate Student Senate Travel Awards, University of Iowa

2016

Graduate & Professional Student Government Awards, University of Iowa

2016

Outstanding Volunteer Award, Department of Neuropsychiatry, Hallym University

October 2006

Ewha Graduate Scholarship, Ewha Womans University

April 2005

Scholarship in Recognition of Academic Excellence, Hongik University

1997 – 1999, 2001

PUBLICATIONS, PRESENTATIONS, & GRANT

Book Chapters

Kang, S., Shaffer, R. C., & Minshawi, N. F. (2025). Training and supporting caregivers in evidence-based practices. In *Handbook of Early Intervention for Autism Spectrum Disorders*. Springer, New York, NY.

Peer Reviewed Journals

* Denotes student authors

Kang, S., Shaffer, R (2025). School-based intervention targeting emotion dysregulation for autistic youth: a pilot study [in press]. *International Journal of Developmental Disabilities*.

Kang, S., Choudhuri, P.G., Sridhar, A., Landa, Y, Locke, J., (2025). "Our principal makes It happen": The role of implementation leadership in supporting EBPs with autistic children in Inclusive settings [Under Review]. *Autism*.

McKinney, W. S., Tadevich, L. J., Schmitt, L. M., Horn, P. S., Ruberg, J. R., White, S. W., Reisinger, D. L., Burkett, K. W., Sarawgi, S., **Kang, S.,** & Shaffer, R. C. (2025). Study protocol for a randomized controlled trial of Regulating Together (RT), a group therapy for emotion dysregulation in school-age autistic youth and their caregivers. *BMC Psychology*, 13, 436.

Kang, S., Burkett, K., Sarawgi, S., Ruberg, J., Paustian, J. Jones, M., Shaffer, R., (2025). Regulating Together: Caregivers' Experiences in a Shared Journey Through an Emotion Dysregulation Intervention for Autistic Youth [Manuscript in preparation]. *Journal of Autism and Developmental Disorders*.

Kang, S. & Hendrix., N (2026). Building sustainable support for Asian families and caregivers of autistic children: insights from Hofstede's cultural dimensions [Manuscript in preparation]. *International Journal of Developmental Disabilities*.

Jones, M*, Gao, L, Nguyen, J*, **Kang, S.** (In Progress) In-Service teacher training for autistic students: A Systematic Review.

Kang, S. & Bae, Y. (In Progress) Pre-Service Teachers' Attitudes, Knowledge, and Self-Efficacy in Working with Autistic Students.

Kang, S., Jones, A., Shaffer, R., Schmitt, L.M., (2023). Developing improved outcome measures in FXS: Key stakeholder feedback. *Research in Developmental Disabilities*.

Jones, A*, **Kang, S.,** Shaffer, R. C., Erickson, C. A., & Schmitt, L. M. (2023). Behavioral inflexibility in fragile X syndrome: Accounts from caregivers and self-advocates. *Frontiers in Psychology*, 14, 1118652.

Hendrix, N. M., Vancel, S. M., Bruhn, A. L., Wise, S., & **Kang, S.** (2018). Paraprofessional support and perceptions of a function-based classroom intervention. *Preventing School Failure: Alternative Education for Children and Youth*, 1-15.

Kang, S., Mahatmya, D., (In progress). Patterns of goal orientations, goal structures, and achievement-related outcomes of high potential students, *Gifted Child Quarterly*.

Kang, S. (In progress). Ethical considerations for applied behavior analysis with east asian families.

Kang, S., Erickson, C., Dominick, K., Pedapati, E., Schmitt, L., Will, L., Reisinger, L., Smith, L., Lamy, M., Kanoute, O., Shaffer, R., (In progress). Revealing delayed identification of females with ASD: Examining sex differences and sociodemographic factors in ASD diagnosis.

Shivali, S, **Kang, S.,** Nelson, M., Schmitt, L.M., (In progress). Exploring the role of cognitive flexibility in emotion regulation in autism spectrum disorder: a review. *Frontiers in Behavioral Neuroscience*.

Workshops, Sessions, Symposia

Kang, S. (2026, January). *Informing Autism Interventions in Schools Through Stakeholder Collaboration* [Symposium]. Hawaii International Conference on Education. Honolulu, HI.

Kang, S. (2025, November). *Toward a Broader Impact: Psychologists Shaping the Future of Health, Education, and Policy* [Symposium]. Korean Clinical Psychology Association. Virtual. *Invited*.

- Kang, S.** (2025, June). *Fostering emotion regulation in autistic youth: Strategies for school support and collaboration with families*. Virtual Summer Conference, Hill Country Summer Institute (HCSI) [NASP CPDs and ESC Region 13 CEs], Texas.
- Kang, S., & Shaffer, R.** (2025, April 6). *Emotional Regulation Strategies: Students With ASD and Other Neurodevelopmental Disorders*. In *NASP Dialogues*. National Association of School Psychologists.
- Kang, S.** (2025, April). *When my kids go from 0 to 100: Building emotion regulation in autistic youth and empowering caregivers*. Korean Association of Persons with Autism Spring Conference, Virtual.
- Kang, S. & Shaffer, R.** (2025, February). *Emotional regulation strategies: Students with ASD and other neurodevelopmental disorders* [Workshop Session], National Association of School Psychologists Annual Convention, Seattle, WA.
- Kang, S., Jones, A & Ruberg, J** (2025, April). *Engaging voices: Integrating Stakeholder perspectives throughout the Research Process* [Symposium Session]. Chair and presenter. Gatlinburg Conference 2025, San Diego, CA
- Ha, J., Ku, DH, Gong, HJ, Kang, S., ... Yu, S.** (2025, April). *Leveraging AI Tools in Teacher Education: Bridging Theory and Practice for Transformative Learning* [Round table]. Korean- American Educational Research Association Annual Meeting, Denver, CO.
- Kang, S. & Shaffer, R.** (2025, January). *Developing Emotional Regulation Skills in Autistic Students: Tools and Strategies for Education Professionals*. APA 16 Webinar Series.
- Kang, S.** (2024, August). *Autism 101: Diagnosis & Treatment in the US*. Department of Rehabilitation Medicine. CHA Medical Center, Invited Speaker, Seongnam, South Korea.
- Kang, S.** (2024, August). *ASD services in the U.S. and the boundless role of music in autism intervention*. Jeonju University. Invited Speaker, Jeonju, South Korea.
- Kang, S.** (2024, August). *Current Trends in Adolescent Substance Use: U.S. Data and School-Based Intervention Strategies* [Symposium Session]. Annual Korean Psychological Association Conference. Kyeongju, South Korea.
- Kang, S.** (2024, August). *Adolescent substance use: School-based intervention strategies* [Colloquium Series]. Department of Psychology, Ewha Womans University, Seoul, South Korea.
- Kang, S.** (2024, February). *Key strategies for developing emotion regulation in students with ASD* [Mini Skills Session], National Association of School Psychologists Annual Convention, New Orleans, LA.
- Shaffer, R., ...Kang, S., et al** (2024, April). *From Information and Resources to Camp, Building Partnerships for African American Community Engagement in Research*. Symposium Presentation at Gatlinburg Conference, Kansas City, MO.
- Bae, Y., Kang, S., Park, G., & Kim, E.** (2024, April). *Utilizing intersectionality for agency: Reconstructing inclusive excellence through stories of Asian women teacher educators* [Round Table]. American Educational Research Association Annual Meeting, Philadelphia, PA.
- Park, G., Bae, Y., Kang, S., & Kim, E.** (2023, November). *Unveiling institutionalized racism against Asian: a collective narrative of Korean women scholars in higher education*. Presentation at the Annual National Association for Multicultural Education Conference, Montgomery, AL.
- Wood, R., Mueller, T.A., Kang, S., Park, G., Kim, E Vlach, S.K.,** (2022, May). *Educators combating Midwestern "Slow drip racism": Spirit healing narratives of women of color in academia*. Symposium session at the American Educational Research Association. (Virtual)
- Foley Nicpon, M., Stuart-Maver, S., Teriba, A., Pichardo, Z., Kang, S., Assouline, S., Ali, S., & Mahatmya, D.** (2020). *Strengths identification for underrepresented students in gifted education*. Signature session at the meeting of the National Association for Gifted Children. (Virtual)
- Kang, S.** (2006). *The Actual Conditions and Supervisees' Educational Needs of Music Therapy Supervision*. Presentation at the Korea Music Therapy Education Association Conference, Seoul, South Korea.

Poster Presentations

- Kang, S., Sarawgi, S., Ruberg, J., Burkett, K. W., Schmitt, L. M., Harms, J., Shaffer, R.,** (2024, April). *Barriers And Facilitators to Implementation of Regulating Together: Exploring Caregiver Experience in Caregiver-Assisted Group Intervention*. Proposal for Presentation at Gatlinburg Conference, Kansas City, MO.

- Jones, M*, **Kang, S.**, et al, (2025, August) Fostering Partnerships with African American Community: An Inclusive Autism Spectrum Disorder Camp Proposal for APA Convention 2025, Denver, CO.
- Kang, S.**, Hamilton P., Jones, M., Erickson, C., Dominick, K., Pedapati, E., Schmitt, L., Will, L., Reisinger, L., Smith, L., Lamy, M., Kanoute, O., Shaffer, R., (2023, May). *Revealing delayed identification of females with ASD: Examining sex differences and sociodemographic factors in ASD diagnosis*. Poster Presentation at Gatlinburg Conference, Kansas City, MO.
- Jones, M., **Kang, S.**, Coffman, M., Schmitt, L., Rebecca, S., Shelley, R. (2022). *Diverse experiences during regulating together emotion dysregulation treatment*. Poster Presentation at the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
- Kang, S.**, Oumou, K., Harrell, E., Polanco, J.A., Lampert, E., Rebecca, S. (2022). *Increasing access to ASD research: The significance of home visits in enrollment of disadvantaged groups*. Poster Presentation at the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
- Kang, S.**, Jones, A., Shaffer, R., Schmitt, L.M., (2022). *Behavioral inflexibility in FXS: Accounts from parents and self-advocates*. Poster Presentation at the NFXF International Fragile X Conference, San Diego, CA.
- Kang, S.**, Jones, A., Shaffer, R., Schmitt, L.M., (2022). *Developing improved outcome measures in FXS: Key stakeholder feedback*. Poster Presentation at the NFXF International Fragile X Conference, San Diego, CA.
- Kang, S.**, Bernfeld, T., Miller, J., & Lin, C., (2019). *Discovering Artistry in the Margins: Writing Consultation as Collaborative Art*. Presentation at the International Writing Center Association Annual Conference, Columbus, OH.
- Kang, S.** (2019). *Mental Health Needs of Iowa Youth: Regular & Alternative High Schools*. Presentation at the National Association of School Psychologists Annual Convention, Atlanta, GA.
- Huang, P., **Kang, S.**, O'Brien, M., & et al. (2019). *Using Telehealth to Manage Problem Behavior: An Evaluation of Dropouts and Cancellations*. Poster Presentation at the Association for Behavior Analysis International Annual Convention, Chicago, IL.
- Huang, P., **Kang, S.**, O'Brien, M., & et al (2018, May). *Using Telehealth to Manage Problem Behavior: An Evaluation of Dropouts*. Poster Presentation at the Association for Behavior Analysis International Annual Convention, San Diego, CA.
- Kang, S.** (2018). *Ethical Considerations for Applied Behavior Analysis with East Asian Families*. Poster Presentation at the Association for Behavior Analysis International Annual Convention, San Diego, CA.
- Kang, S.** (2018). *Building Home-School-Community Partnerships with Korean Immigrant Families*. Poster Presentation at the National Association of School Psychologists Annual Convention, Chicago, IL.
- Kang, S.** (2017). *Integration of Paraeducators in an Elementary School Function-Based Intervention*. Poster Presentation at the National Association of School Psychologists Annual Convention, San Antonio, TX.
- Kang, S.** (2016). *Parenting Stress: Predictive Role of Related Factors*. Poster Presentation at the National Association of School Psychologists Annual Convention, New Orleans, LA.
- Gerken, K., & **Kang, S.** (2016). *Systemic Screening*. Poster Presentation at the American Psychological Association Annual Convention, Denver, CO.
- Kang, S.** (2016). *A Study on the Realities Faced by Supervisees and on Their Educational Needs in Korea*. Poster Presentation at the Jakobsen Conference, Iowa City, IA.
- Kang, S.** (2008). *A Case Study for the Improvement of Self-expression in Children with Intellectual Disabilities*. Field Research for the Welfare of the Disabled.

Grants

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| CYFS Signature Research Impact Program-Submitted (Submitted) | April 2025 |
| PI "Connected Calm: Understanding Emotion Regulation and Physiological Responses to Breathing-Based Relaxation (Respiratory-Based Relaxation) in Autistic Children and Their Caregivers" (\$20,000) | |
| Meredith Willson Pilot Research (Submitted) | April 2025 |

PI “Breathing to the Beat: Music-Guided Breathing and Physiological Responses in Autistic Children and Their Caregivers” (\$20,000)	
Office of Research and Economic Development Layman Seed Award (Funded)	March 2024
PI “Refining a School-Based Intervention for Autistic Youth with Emotional Dysregulation through Engagement with School Mental Health Professionals. (\$10,000)	
Organization for Autism Research (Not Funded)	July 2023
PI “Regulating Together in Schools: School-Based Emotion Regulation Intervention for Adolescents” (\$40,000)	
Cincinnati Children’s Hospital Medical Center (Not Funded)	April 2022
PI “Fragile X Caregiver-Mediated Intervention: Increasing Access via Telehealth. (\$50,000)	

TEACHING EXPERIENCE

Graduate Course- University of Nebraska-Lincoln

Intellectual Assessment (EDPS 950)	Fall 2023 – Current
Academic and Behavioral Assessment (EDPS 951)	Spring 2024 – Current
Doctoral Seminar (EDPS 995)	Fall 2024 – Current

Courses

Group Supervision, Cincinnati Children’s Hospital Cincinnati, OH	2021- 2022
Provided group supervision for trainees for c programs (graduate students in clinical psychology)	
Human Motivation, College of Education, University of Iowa Iowa City, IA	2018
<i>Teaching Assistant</i>	
Parent Teacher Communication, College of Education, University of Iowa Iowa City, IA	2017
<i>Teaching Assistant</i>	
Practical Application of Music Theory and Its Utilization in Early Childhood, Seowon University Cheongju, South Korea	2011 – 2012
<i>Instructor</i>	
Music Therapy Education, Ewha Womans University Seoul, South Korea	2010
<i>Clinical Supervisor</i>	
Korea Youth Counseling Institute Seoul, South Korea	2008 – 2010
<i>Lecturer</i>	

Invited Lectures

Amplifying the Voice of the Voiceless: Addressing Disparities in Autism and Developmental Disability Research, Behavioral Medicine and Clinical Psychology Colloquium, Cincinnati Children’s Hospital	
Cincinnati, OH	June 2023
Applied Behavior Analysis: Culturally Responsive Caregiver-Mediated Intervention, University of Cincinnati	
Cincinnati, OH	February 2023
Autism 101-What Parents Need to Know, Cincinnati Children’s Hospital Cincinnati, OH	April 2022
Exceptional Learner (EDU 533), Carolina University Winston-Salem, NC	February, November 2022
Collaborating with Schools and Navigating IEPs, Nationwide Children’s Hospital Columbus, OH	August 2021
Korea Youth Counseling Institute Seoul, South Korea	2008 – 2010

APPLIED EXPERIENCE

Neurobehavioral Treatment Discovery Lab, Cincinnati Children’s Hospital Cincinnati, Ohio	2021 – 2023
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<i>Psychology fellow</i>	
Center for Autism Spectrum Disorders, Nationwide Children's Hospital Columbus, Ohio	2020 – 2021
<i>Doctoral Intern</i>	
Department of Psychiatry, University of Iowa Hospitals & Clinics (UIHC) Iowa City, IA	2019 – 2020
<i>Practicum Trainee</i>	
Pediatric Psychology, UIHC Iowa City, IA	2016, 2018 – 2020
<i>Practicum Trainee</i>	
Iowa Leadership and Education in Neurodevelopmental and Related Disabilities Iowa City, IA	2018 – 2019
<i>Trainee</i>	
BioBehavior Outpatient Clinic, Center for Disabilities & Development Iowa City, IA	2016 – 2018
<i>Practicum Trainee</i>	
Neurobehavioral Clinic & Day Treatment, UIHC Iowa City, IA	2016 – 2017
<i>Practicum Trainee</i>	
Grant Wood AEA Schools Iowa City, Cedar Rapids, Lisbon, Washington, IA	2014 – 2015, 2017 – 2018
<i>Practicum Trainee</i>	
Rehabilitation Center on Intellectual & Developmental Disabilities Seoul, Korea	March 2007 – September 2009
<i>Music Therapist</i>	

PRIOR RESEARCH AND WORK EXPERIENCE

Post-Doctoral Fellow Cincinnati Children's Hospital, Cincinnati, OH	2021 – 2023
<i>Rebecca C. Shaffer, PsyD, Lauren Schmitt, PhD</i>	
Graduate Assistant Belin Blank Center, Iowa City, Iowa	
<i>Susan Assouline, PhD, Saba Rasheed Ali, PhD, Megan Foley Nicpon, PhD, Duhita Mahatmya, PhD</i>	2018 – 2020
Student Researcher University of Iowa Hospitals & Clinics, Iowa City, Iowa	2016 – 2020
<i>Scott Lindgren, PhD, Matthew O'Brien, PhD</i>	
Research Assistant University of Iowa, Iowa City, Iowa	2014 – 2018
<i>Kathryn Gerken, PhD (Mental Health Conditions in Iowa High Schools)</i>	

Leadership & Professional Services

Dean's Faculty Advisory Committee , University of Nebraska-Lincoln	2024 – Current
Chair of the Diversity, Equity, Inclusion and Accessibility Committee , 2025 Gatlinburg Conference	2024 – Current
Korean American Educational Researchers Association Early Career Scholar	2024 – Current

Fellow Diversity Committee , Cincinnati Children's Hospital	2022 – 2023
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Ad hoc Reviewer:

<i>Journal of Autism and Developmental Disorders</i>	2021 – Current
<i>Frontiers in Psychiatry</i>	2021 – 2023
<i>Research in Developmental Disabilities</i>	2023 – Current
<i>British Journal of Guidance and Counselling</i>	2025 – Current

Conference Committee Member

Early Stage Investigator and Diversity Equity and Inclusion Committee for the 2024 Gatlinburg Conference

Bilingual Trainers Subcommittee	2023 – Current
<i>Trainers of School Psychology</i>	

PROFESSIONAL AFFILIATIONS

American Psychological Association (Division 16, 33)
International Society for Autism Research
National Association of School Psychologists
Nebraska School Psychologist Association
Korean-American Scientists and Engineers Association
Korean American Educational Researchers Association Early Career Scholar

Updated August, 2025