

Courses with the ATHT prefix are specific to the University of Nebraska-Lincoln Athletic Training Program (UNL ATP) and contain specific athletic training educational competencies.

The educational competencies begin with the first athletic training course (ATHT 145-Introduction to Athletic Training) and build in complexity with each additional ATHT course.

Courses with the ATHT prefix must be completed in the order as listed below in the Four-Year Plan.

Courses that do not have the ATHT prefix may be sequenced in a different order as determined by discussions with a CEHS Academic Advisor.

UNL ATHLETIC TRAINING PROGRAM 4-YEAR PLAN

YEAR 1 - PREPROFESSIONAL

Semester 1 (Fall)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 145 Introduction to Athletic Training (<i>discontinued Fall 2021</i>)	3	B+ or better
LIFE 120 Fundamentals of Biology I (ACE 4)	3	C or better
LIFE 120L Fundamentals of Biology I -Laboratory	1	C or better
MATH 102 or MATH 103 or MATH 106 (ACE 3)	2-5	C or better
NUTR 100 Healthy Living	3	C+ or better
ACE 1 Written Texts	3	
Total Credit Hours	15-18	

Semester 2 (Spring)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 146 First Aid, Treatment, and Management of Athletic Injuries (<i>discontinued Spring 2022</i>)	10-11	B+ or better
LIFE 121 Fundamentals of Biology II (ACE 4)	3	C or better
LIFE 121L Fundamentals of Biology II -Laboratory	1	C or better
NUTR 150 Career Preparation in Nutrition and Health Sciences	2	
PSYC 181 (ACE 6)	4	C+ or better
ACE 2 Communication Skill	3	
Total Credit Hours	16	

YEAR 2 - PROFESSIONAL

Semester 3 (Fall)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 246 Prevention and Care of Athletic Injuries	3	C+ or better
ATHT 247 Clinical Education I	1	
BIOS 214 Human Anatomy	5	C+ or better
ACE 5 Humanities	3	
Elective	1-2	
Total Credit Hours	13-14	

Semester 4 (Spring)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 249 Therapeutic Modalities	3	C+ or better
ATHT 248 Clinical Education II	1	
PHYS 141 or PHYS 151 (ACE 4)	4-5	
NUTR 250 Human Nutrition and Metabolism	3	C+ or better
ACE 7 Arts	3	
Total Credit Hours	14-15	

YEAR 3 - PROFESSIONAL

Semester 5 (Fall)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 345 Evaluation of Athletic Injuries	4	C+ or better
ATHT 347 Clinical Education III	1	
BIOS 213 Human Physiology	3	C+ or better
BIOS 213L Human Physiology -Laboratory	1	C+ or better
EDPS 330 or EDPS 459 or STAT 218 (ACE 3)	3	C or better
NUTR 384 Biomechanics of Human Movement	3	C+ or better
Total Credit Hours	15	

Semester 6 (Spring)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 245 Organization and Administration of Athletic Training	3	C+ or better
ATHT 346 Rehabilitation and Reconditioning	4	C+ or better
ATHT 348 Clinical Education IV	1	
NUTR 484 Physiology of Exercise	3	C+ or better
ACE 8 Ethical Principles	3	
Total Credit Hours	14	

YEAR 4 - PROFESSIONAL

Semester 7 (Fall)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 445 Advance Studies in Athletic Training (ACE 10)	3	C+ or better
ATHT 447 Clinical Education V	1	
CHEM 109A General Chemistry I (ACE 4)	3	
CHEM 109L General Chemistry I -Laboratory	1	
ACE 9 Global/Human Drivers	3	
Elective	3-6	
Total Credit Hours	14-17	

Semester 8 (Spring)

COURSE	CREDIT HOURS	REQUIRED GRADE
ATHT 446 Medical Aspects of Athletic Training	3	C+ or better
ATHT 448 Clinical Education VI	1	
CHEM 110A General Chemistry II (ACE 4)	3	
CHEM 110L General Chemistry II -Laboratory	1	
Elective	6	
Total Credit Hours	14	

