

1. Breanna Ashton
2. Major: Human Development & Family Science, Minor: Criminal Justice
3. Mental Health Intern
4. Nebraska Department of Correctional Services, Lincoln Correctional Center
  - a. 3216 W Van Dorn St, Lincoln, NE 68522
    - i. (402) 471-2861
    - ii. <https://corrections.nebraska.gov/facilities/lincoln-correctional-center>
5. Keep people safe
6. Marv Chauza – LADC, LIMHP Behavioral Health Practitioner Supervisor
  - a. Office: (402) 479-6256
  - b. Cell: (402) 499-3327
7. The purpose of my internship is to explore the profession of a licensed mental health practitioner that works in a correctional setting. I also was wanting and looking forward to meeting professionals in the field of my interest because they have unlimited knowledge of what I should be expecting.
8. When I was with the licensed mental health practitioners, I spent my time on one of the mental health units in therapy groups with a handful of inmates or in one-on-one sessions between a therapist and one inmate. I spent time with the social work supervisor as well and with her I was able to visit the other units and interact with the guys; I also was able to submit inmate passes, file inmate interview requests, and sit in on discharge plan reviews with the social worker and the soon-to-be-released inmate.
  - a. I was able learn how best to interact with inmates, set boundaries, what it takes to run a therapy group, how to organize an inmate case file, and much more

- b. I have gained a lot of knowledge about resources that are available for those being released from prison, especially those with mental illness
  - i. “ prison life, protocols, acronyms
  - ii. “ how to put aside personal opinions, biases, and beliefs and provide the help they deserve
- 9. Being given a painting done by an inmate made specifically for me; I wasn't able to take it home (no personal gifts from inmates) but after the inmate getting quite upset that I gave it to my supervisor, I have learned about a process that things like the painting can go through and I can actually buy (for very little money) this piece of artwork he made me.
- 10. Have ideas and goals you want to accomplish during the duration of the internship ready so while the therapists are doing notes, you can work on a project
- 11. I would recommend interning in the mental health unit of the Lincoln Correctional Center because the staff have been extremely welcoming and patient with me. They have helped me and have answered all of the questions I have had along the way. I was also able to build rapport with several of the inmates, and I feel like I actually made a difference. It has been great!

1. Lexy Bodfield

2. Human Development & Family Science, minors in Gerontology and Criminal Justice.

Interest in marriage and family therapy

3. Clinic Assistant

4. The Couple & Family Clinic at the University of Nebraska – Lincoln, located at UNL's Family Resource Center, 1615 N 35<sup>th</sup>, Lincoln, NE 68503

<https://cehs.unl.edu/cfc/>

5. “Here at The Couple and Family Clinic, we understand the need for hope, compassion, and support when life’s problems seem overwhelming. Our therapists provide evidence-based treatment, use regular feedback from clients, and are required to analyze and present their own treatment outcome data to ensure effective treatment is given to couples, families, and individuals. Effective psychotherapy goes beyond simply listening with empathy; it helps you experience strength, grow in your identity, make meaning of struggle, and develop confidence in your own ability to improve your life and your most important relationships.”

6. Vanessa Neuhaus, Clinic Coordinator.

[Vneuhaus2@unl.edu](mailto:Vneuhaus2@unl.edu) (402) 937 - 8410

7. The purpose of my internship is to acclimate me to the setting of a therapy clinic while also providing me with a variety of therapeutic insight through therapist assistance and session viewings.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship: Most of the time at my internship was spent listening in on individual, couple, and familial therapy sessions. Outside of this, I also worked the front desk and served as a direct assistant to all the practicing therapists at

the clinic.

8b.) Skills: communication skills were increased tremendously in this position just through interactions I had with clients regarding scheduling, starting therapy, the clinic, etc. I also feel like my listening skills were improved due to having been able to sit in and listen to sessions and then debrief what I heard with the therapist after the session.

8c.) knowledge: I learned a lot in this position about EMDR therapy and suicide screening. I also learned all the ins and outs of client confidentiality laws.

9. What was your most critical moment at your internship? I think the most critical moment at my internship thus far was when Dr. Hanson-Bradley, the director of UNL's Marriage and Family Therapy program, came in and started talking to me about a career as a marriage and family therapist. I really hope to get into UNL's program simply because of that conversation. It was a really big turning point for me as that conversation soothed a lot of my doubts about becoming a therapist.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization: My recommendations are to firstly, get to know other interns that are working in your organization if there are any. Knowing the other interns at the clinic was super beneficial to me when I didn't understand or know how to do something. I would also recommend meeting and talking with multiple internship sites before making a final decision on one so that way your placement is tailored to your preferences.

11. Would you recommend this particular organization or agency to future internship students? Why/why not? I would recommend this organization to future students looking to complete an internship, but probably only if they are wanting to go into marriage and family therapy. It was a

super beneficial experience for me because I'm working so close to actual practicing therapists,  
but for other people, the position probably won't provide that many transferable skills.

1. Shelby Boston
2. Major: Ed & Human Sciences Undergrad
3. Practicum position title: PACU/OR aid
4. Southwest Lincoln Surgery Center
  - a. 2222 S 16TH 315SW LINCOLN SURGERY CENTER, LINCOLN, NE  
68502
  - b. <https://swlincolnsurgerycenter.com>
5. Our talented team is dedicated to providing exceptional care in a comfortable, caring and friendly environment.
6. Carla Laurenstein; administrative RN (402) 890-8639
7. The purpose of the internship was to learn the ways of surgery in an outpatient center.
8. Assist patients before and after surgery; helping prep and assisting in the OR
  - a. Checking vitals regularly, sterilizing surgical tools, prepping patients, discharging patients.
  - b. Learning how to move at a faster pace when prepping patients. Also, acquired more 1 on 1 patient care skills.
  - c. How different doctors assess patients and how different OR's are set up depending on the doctors.
9. The most critical moment during my internship was being assigned a patient and being one head in front of the patient. The patient almost fell and I had quick thinking that prevented the fall.

10. My recommendation for a position similar to this one would make sure to have prior patient care experience. Luckily I had 3 years of work experience before my internship, so it allowed me to jump in right away because of my prior knowledge.
11. I would 100% recommend this organization to any future internship student because it was such a welcoming atmosphere. Everyone was so nice and allowed me to ask questions and jump in if need be. It was a great experience.

1. Kamryn Buchanan
2. College of Education and Human Sciences
3. Front Desk Intern
4. The Couple and Family Clinic/ 35th Street and East Campus Loop Lincoln, NE68503/  
402-472-5035/ [thecoupleandfamilyclinic@gmail.com](mailto:thecoupleandfamilyclinic@gmail.com)/ <https://cehs.unl.edu/cfc/>
5. The Couple and Family Clinic: we understand the need for hope, compassion, and support when life's problems seem overwhelming. Their mission is to provide clients with evidence-based treatment, use regular feedback from clients, and are required to analyze and present their own treatment outcome data to ensure effective treatments to couples, families, and individuals.
6. Vanessa Neuhaus- Lecturer, coordinator of the family resource center. (402)-472-9464
7. The purpose of my internship is to assist the graduate students in the Marriage and Family Graduate program in any way. We do this by making the sitting room presentable when we come in, replying to new intakes through phone or via email, filling our new intake contact forms for the graduate students to review for future clients, inform therapists when their client has arrived/cancelled/or no show, and hand out parking passes.
8.
  - A. The major responsibilities of being an intern for the Couple and Family Clinic at UNL is to keep open communication with clients and the therapist. You will be answering the phone for new intakes with the initial contact sheet provided, therapy cancelations, and questions. You will be relaying information to the therapist when their client has arrived and/or cancelled.



- B. You will learn how to be well organized, work on my communication skills, and assist clients with any of their needs/questions. You will also learn more about the Graduate students' day in life to get a better understanding of the program and profession.
- C. This internship opportunity will offer you with some clinical experience providing you with the opportunity to learn about therapy directly and receive intensive, live supervisions from the faculty. You will also follow HIPAA, the policy of CFC, and the confidentiality of all information including my Therneast login and password. You will also learn a lot about the Marriage and Family Therapist graduate school program, facility, and students.
9. The most critical moment at my internship was getting to sit in on the graduate students therapy sessions. In order to sit in on a therapy session you must receive verbal consent from the therapist themselves. Once you have received verbal consent you are able to sit behind a one-way mirror in a booth like setting. You can hear and see everything being discussed but to the clients it is seen as a mirror. I learned a lot from these moments and am so glad we were offered this opportunity as interns.
10. My recommendation for future internship students for preparing for the internship experience would be to start as early as possible. I started my hours in the summer and was then able to finish weeks early in the semester. This is important because these hours take up a lot more time than you think. I would also say to bring your homework or things to do because there will be days when the clinic is super slow.
11. I would recommend this particular internship to future students if they are interested in the Marriage and Family Therapist graduate school program. It is a good opportunity to

see these graduate students' schedule and day in the life of what the program looks like. It isn't a paid internship but the experience is a great take away from this internship opportunity

1. **Name:** Taylor Bugh
2. **Major Area of Study or Focus:** Human Development and Family Science
3. **Practicum Position Title:** Family Support Worker
4. **Organization/ Agency Name:** Jenda Family Services
  - 4a.) **Organization/ Agency Address:** 815 K St Lincoln, NE 68508
  - 4b.) **Organization/ Agency Contact Number:** 402-474-0011
  - 4c.) **Organization Website:** <https://www.jendafamilyservices.com/>
5. **Mission of the Organization or Agency:** "Helping families grow the next generation of parents."
6. **Supervisor's Name and Title:** Alexis Determan (Direct Services Supervisor)
  - 6a.) **Supervisor's Contact Number:** 402-560-2939
7. **Describe the purpose of your internship:**

The purpose of my internship is to gain hands-on experience and skills within my field. Although I don't want to go into social work, it was important that I worked in the human services industry. I also wanted to work with families and children as that is the population I hope to work with in the future. This internship has allowed me to change and improve people's lives, which is what I'll be doing as a therapist.
8. **Work Responsibilities, Skills, and Knowledge:**
  - 8a.) **Describe your major work responsibilities of your internship (i.e., what did you do and how did you spend your time?)**

My responsibilities were to communicate with the foster parent(s) and the biological parent(s) about the visit, transport children to their visits with their parent(s), supervise the visit and give directives about parenting, when necessary, document interactions between the children and parent(s), transport the children back to their foster parent(s) once the visit was over.
  - 8b.) **What skills did you acquire over the course of your internship?**

I acquired communication skills because I had to constantly stay in contact with biological parents, foster parents, caseworkers, etc. I gained knowledge about confidentiality because I could only communicate certain things between the foster parents and biological parents about what occurred at visits. I learned timeliness as I had to be on time when picking up the kids, arriving at visits, and ending visits on time.
  - 8c.) **What type of knowledge did you gain?**

The biggest piece of knowledge I gained was the ability to work with families and children. I learned what was helpful and harmful to families so that I could better serve others.
9. **What was the most critical moment at your internship?**

The most critical moment at my internship was a chaotic visit in which the mom only had three visits left with her three children. The mom had to explain that her rights were being terminated, and it was a very emotional visit for everyone involved. It taught me that not everything works out, especially not always in a positive way. It also taught me to remain professional in tough situations.
10. **What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?**

I would recommend working in uncomfortable situations and having unbiased opinions. I went in thinking that parents must be horrible and don't deserve their kids back. Working in this position helped me understand that people make mistakes and deserve a second chance. You must be understanding of people's backgrounds and feelings.

**11. Would you recommend this particular organization or agency to future internship students? Why or why not?**

I would recommend Jenda as a future internship for students. The staff is helpful in difficult situations, gave training and shadowing experience, answered all questions, worked with my schedule, etc. It's a great way to gain experience with working with families and children and gives you insight into how families operate.

## Internship Description

1. Eric Carmody
2. Family sciences | Emphasis in Human Resources
3. Internship | Intern
4. University of Nebraska Lincoln-College of Business
  - a. 730 N. 14<sup>th</sup> St. Lincoln, NE 68588/ (402) 472-3353 /HLH 315
  - b. Center for Entrepreneurship
5. The Future is Yours to Create
  - a. *With the resources, faculty and collaboration available at Nebraska, you will collaborate, innovate, research and contribute to successful ventures on day one. Whether all you have is an idea or your business is well underway, the Center for Entrepreneurship offers mentorships, workshops, competition and funding opportunities to help you grow.*
6. Dr. Andrew A. Hanna | Assistant Professor of Practice in Management
  - a. HLH 315 G | 730. N. 14<sup>th</sup> St. | (402) 472-3915
7. Internship Purpose
  - a. The intent or purpose of my internship is to learn quality applicable skills in regards to management, resource procurement, event organization, and mentorship offered to current students through the Center for Entrepreneurship.
8. Work responsibilities, skills, and knowledge:
  - a) The major responsibilities I had while in my internship were to help organize and facilitate events and help mentor other students with ideas, brainstorming, locating and applying for resources and helped critique and evaluate business pitch ideas.
  - b) Some of the skills I was able to acquire or improve on while being at my internship are interpersonal communication, problem management, risk management, public speaking to name a few.
  - c) The knowledge I have gained is invaluable. I have not only learned how to network better, but I also have learned how to think in a business mindset in a way that is able to help others find and utilize resources to future their journey through life.

9. The most critical moment in my internship I would have to say is the moment I realized I had a voice in the operations and functionality of the organization. When I brought up an idea for a new event I had never considered it would be implemented, I was just trying to do my part and help come up with ideas. This was such a critical moment for me because it was the first time that I felt that I was playing a part in others success and to me this was empowering and rich with opportunity.

10. If I were to offer any recommendations to future interns for a position like mine is that you need to get out of your comfort zone, always speak up and always try to help. I feel that opportunities are never just stumbled upon, they are created through what you choose to do in life. If you want a good opportunity you must know how to put yourself in a situation so that the opportunity can find you.

11. I would for sure recommend this internship to future students. I feel that it has helped me see the other side of the ball field when it comes to academics. Sometimes I feel that we take our professors for granted, and by doing this internship, I have gotten a first-hand look and hands on experience with how professors go above and beyond top ensure the success of our students. Because of this I have noticed I take more care and responsibility for course work as well and extra stuff that is offered for my success.

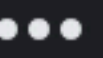
1. Caitlyn Condrey
2. Child Youth and Family Studies
3. Foster Care Specialists
4. Cedars / Child Care Agency
5. To help children achieve safety, stability, and enduring family relationships. Here for Kids. Here for Families.
6. Taylor Williams / Assistant Program Director | Foster Care
  - a. Phone Number 402-310-6878
  - b. Email [twilliams@cedarskids.org](mailto:twilliams@cedarskids.org)
7. The purpose of my internship is to expand my knowledge in the field of foster work and what it all entails. I can't really do much on my own because of liability and not fully being certified as a specialist. The opportunities and field of work itself is very eye opening and I learn a lot just by shadowing the specialists and helping with filing and case studies.
8. Responsibilities
  - a. I spent my time doing a lot of different duties and shadowing. Everyday was different but more so intaking how the specialist does their everyday job.
  - b. A skill that I learned and will use in my everyday practice is patience and calm reaction.
  - c. I've learned that being a foster care specialist takes a lot of skill and patience. Everyday is different and you have to handle sticky situations in a manageable way. I've learned a lot about intake and house visits. I got to attend court for a case and experience the process with DHHS and case workers. I've learned a lot about the paperwork and shelter side of foster care which is very interesting and also very time consuming.
9. A critical moment I would say there wasn't just one. Overall my heavy heart had a hard time being around the foster kids in some situations like the hospital. Watching them go through so much pain and witnessing that they don't have a parent to keep them calm or stable in this situation. It hurts seeing this but that is what we are here for and it makes me happy knowing we're helping, but watching it breaks me.
10. Some advice would be to open up and do research before getting into the internship. I love Cedars and love the mission, but personally thought it was going to be more hands on and behind the scenes work. I have to shadow someone and I find it very interesting, but it was a lot of the same work that I got to witness.
11. I would recommend it. I got to witness and be a part of a lot of experiences that I have not been around and it opened my eyes to an entirely different world of being grateful for everything you get.

# Internship Description Guideline

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1. Trevor Lakes
2. Human Development
3. Data Analyst Intern
4. Opendorse, 1320 Q St, Lincoln Ne, opendorse.com
5. Help athletes grow their brand and gain NIL deals
6. Alex Wach, Data Analyst
7. To learn about NIL deals for college athletes
8. a) Gather names and social medias of student athletes.  
b) I have acquired the skills on gathering information and putting that in my companies software so we can provide our services to the athletes.  
8c) I've learned a lot about how to gather and store data. I've learned a lot about NIL and how to grow the brands of student athletes.
9. My most critical moment was me learning how to gather large amounts of information that we need. This is helpful because I can put this skill into many jobs in the future.
10. To work for a company like opendorse. I've loved working there.
11. Yes I would. They have worked with me a lot on balancing everything in my schedule and have been very flexible.





1. Elizabeth Lowe
2. Human Development & Family Science
3. Education Intern
4. The Leadership Center; 2211 Q St. Aurora, NE 68818 (402)694-3934; www.tlcaurora.org
5. "At The Leadership Center we serve our clients as a premier conference and retreat center by providing quality leadership programs, exceptional customer service and rewarding experiences while fostering partnerships, resources and fiscal responsibility.

The Leadership Center has been meeting the needs of and exceeding their clients' expectations for **over 50 years**. Owned and operated by the Nebraska Vocational Agricultural Foundation, The Leadership Center is **used extensively by the Nebraska FFA** for leadership training including their COLT conferences. When not in use by the FFA, the Leadership Center is **the perfect setting** for your family reunions, business meetings, conferences, banquets, seminars, swim parties and retreats. It is also a beautiful backdrop for your wedding & reception. Our facility boasts a variety of **meeting rooms, bunk-style dormitories, motel-style lodging** as well as a **swimming pool, gym** and numerous other recreational activities not to mention a talented kitchen staff that prepares delicious home-cooked meals.

The Leadership Center allows groups to take a break from the world around them and retreat. Our picturesque and spacious grounds provide the perfect setting to play volleyball, softball, horseshoes or even to do a little catch and release fishing or paddle boating. There are even beautiful walking paths that lead to many of Aurora's gorgeous parks."

6. Maile Boeder; (402)694-3934
7. To assist with organization and facilitation of our educational leadership programs.
8. A- write and teach curriculum, facilitate and assist with sessions, promote education programs, office tasks. B- communication with students, curriculum research and writing, presenting, marketing, social media. C- how to identify useful information, how to put together effective sessions and curriculum, how to effectively communicate with students.
9. Our gala that just took place. I got to see the impact that the non-profit has on the community and it made me realize how important my job really is.

10. Don't plan on every day being the same or things always going the way you plan. Things change at the last minute, things go wrong, and plans change. It keeps you on your toes.
11. Yes, I would recommend this organization to future students. The organization has the best work environment that I have ever experienced. Everyone is nice and willing to help you. I felt very supported during the entirety of this experience. I would also recommend having an internship during the summer. These are the busier months for our education programs, and you would likely be able to assist with our Summer Food Service Program, which is a great experience.



## Internship Description

1. Tzi Martinez
2. Child, Youth, and Family Studies
3. Part-time Youth Pastor
4. Curtis Berean Bible Church  
512 Prentiss Ave.  
Curtis, NE 69025  
Contact: (308)-367-6958
5. Mission: Acts 17:11, which states "...for they (the people of Berea (Bereans)) received the word with great eagerness, examining the Scriptures daily to see whether these things were so." → Examine the scriptures to learn more about God and glorify His name
6. Brian Nicklas – Pastor  
Mobile: (308)-367-6958  
Fax: N/A
7. My purpose as part time youth pastor is to prepare and lead youth group and disciple young men if interested. The youth I am held responsible for is 7-12 grade.
8. **A)** The biggest responsibility for my internship was leading youth group. This includes deciding what to teach, the structure of the youth group, coordinating details, and what games are suitable. As a surprise to me, a large majority of my time is spent in study. That is, I am spending time with the section of scripture I am going to teach on. This involves understanding each verse, composing questions, pulling out the main theme, thinking on how to apply this to our lives, and building a lesson around the theme and application. Outside of study, I am meeting with an elder and/or pastor to review the lesson. In these sessions, I often look for guidance, ask questions, and seek their experience and skills to make the lessons more concise and engaging. This is where I also coordinate the details of the youth group, such as the games, points of emphasis, and food.  
  
**B)** One of the greatest skills I acquired over the course of my internship is the ability to lead while also leaning on others to help. Previously, I either did everything on my own without much guidance or I simply followed course as directed. However, in my internship, I was given the autonomy to do as I felt need, but I often sought others for their experience and skills. I remained in the leading position with support from others around me. I believe this is how leading in the church should be done since the church is really one unit. The leaders all seek each other for diligent guidance when needed. In short, I learned to lead while receiving support from other church members.  
  
**C)** One critical piece of knowledge that I gained was how to engage the youth. When I started, I thought lessons that utilized objects or demonstrations would not work well with

my group. However, I learned rather quickly that if I use these methods in my lesson, the kids are more prone to listen and have a higher retention of the material. In a more general sense, I learned that I need to know my audience before I can effectively teach them. My lessons should adjust to the age group, culture, and mentalities of the audience.

9. I think the most critical moment thus far was a few weeks ago when I and the pastor sat down to discuss the progression of youth group. He expressed that he would like to see a few things done differently to possibly make the youth group more beneficial. It takes a great deal of humility to receive advice in areas you thought were going well. This was critical because it was a turning point in how I approached youth group. I taught youth group with a sense of arrogance in thinking things were great the way they were. Now I am always seeking to evaluate youth group through reflection. I frequently discuss what aspects I thought went well and what needs improvement. I actively search for ways to make things more concise, engaging, and beneficial. This was critical for the health of the overall group, me, and subsequently, the church. Pride can easily derail a ministry and has no place in a healthy ministry.
10. For students looking to serve in a ministry, I recommend that you prepare your heart in humility, grace, love, and honest evaluation. We should always be evaluating our heart before the Lord, but when in a position of leadership, it is critical that these qualities (and many more) be present in your heart. Without them, the ministry will suffer and so will you. A humble heart serves lovingly and gracefully with a biblical lens on our shortcomings.
11. I would recommend Curtis Berean Bible Church for future positions. Given that the individual lives in Curtis, loves the Lord, and is willing to serve. Having the privilege of working under Brian Nicklas has been a huge blessing. He humbly guides you through the process, gives encouragement when it is needed, and is good at exhorting. The church itself willingly serves with you when called upon and prays for you incessantly. The community at this church makes the blessing of serving a joy worth every second.

1. Keziah Michalski
2. Child Youth and Family Sciences with an emphasis on Family Science and a Minor in Educational Studies
3. Behavioral Health Technician
4. Lincoln Youth Rehabilitation and Treatment Center/ 1200 Radcliff St – Ste B, Lincoln, Ne 68512/ 402-471-0119/ <https://dhhs.ne.gov/pages/YRTC-Facilities.aspx>
5. The Mission of the Youth Rehabilitation and Treatment Centers is to help youth live better lives through effective services, giving youth the chance to become law-abiding citizens.
6. Behavioral Technician Supervisor Austin Coyle, 402-471-1024
7. The purpose of my internship was to gain experience working with youth who are struggling mentally to gain a deeper knowledge of how to help kids who may be hard to reach.
8. Work responsibilities, skills, and knowledge:
  - a. The main work responsibilities include maintaining data and making sure the youths are safe. Our program is based in ABA and requires hourly data collection to see if our youths are not doing any target behaviors. The goal is to be as accurate as possible to reflect the growth of the youth and that they are rewarded accordingly. The duties area mixture of normal detention center and mental health. Making sure everyone is on task and helping de-escalate situations that could turn violent or towards self-harm. If our attempts don't work, then we have to restrain the youth to ensure everyone's safety.
  - b. Learning to be assertive with youth who are not there to listen is a delicate balance I have found. You have to be firm and stand your ground, but you also can't go too hard because most of them come from backgrounds with abusive parents and it just shuts them down. I got CPR certified and did training for being a Registered Behavioral Technician. I learned to how put theory into action when dealing with de-escalating youth and helping them make the better choice for themselves.
  - c. I learned about ABA and how to apply it with a token economy. I was able to watch several group therapies and individual ones where I gained the knowledge of how that it led and continued. I have learned a lot about the juvenile legal system, and unfortunately most of it is heart-breaking. I have learned that young people can change their minds on whether or not they favor you in an instant and sometimes with no reason at all. The knowledge I have gained is mostly how theory looks in action.
9. I think the most critical moment was the situation I discussed in my ethical model where I had to decide whether or not I was going to restrain a youth for trying to self-harm. It was the deciding moment as to what type of technician I was going to be there. I had to choose whether I was going to follow what I know as someone in mental health or what my job is on paper. I decided mental health came first, and it has shaped how I've provided support to youth. I have only had to restrain a youth once because there was no

other option. All other times, de-escalation and talking with them has proven to be enough. They know that I'm there to help them, and that's what's important to me.

10. I don't know if there's anything I could say to prepare someone for my job. On paper, it sounds almost fun. We're helping youth make better choices with therapy right? It doesn't cover what it's like to work at a detention center though. It also doesn't prepare for how heavy the job is. I've had to restrain a 16 year old who was attempting to choke themselves to death with their head buried under layers of soaked bedding. There are days I walk into work where the youths have new scars on their arms and their necks from self-harm and suicide attempts. I have to keep my safety in mind every day as one of them may try to swing on me one day and I will have to restrain them. We get child predators where we can't leave their side so that they don't try anything on their fellow inmates. I would recommend not only having training in mental health, but also in the judicial system. The job requires a thick skin to say the least and learning how to leave work at the work. Otherwise, there are days that will consume you as you wonder if you made the right choice or now.
11. I would recommend the internships that we have for the therapists. They can sit in on therapy sessions and participate in the group therapies. They will also learn about the paperwork that goes into them and how to write safety plans. I would not recommend being a technician as a short-term internship. You need time to build rapport with the youth enough to actually help them when the time comes. They deserve to have people who care enough about them to stay and see them through. They don't get that a lot of times.

## INTERNSHIP DESCRIPTION

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1. Elizabeth Miller
2. Human Development and Family Science
3. Title:  
Front Desk Intern
4. The Couple and Family Clinic  
North 35<sup>th</sup> Street, Lincoln, NE 68508  
(402) 472-5035

Website: <https://cehs.unl.edu/cfc/>

5. Mission of the Couple and Family Clinic: “We understand the need for hope, compassion, and support when life’s problems seem overwhelming. Our therapists provide evidence-based treatment, use regular feedback from clients, and are required to analyze and present their own treatment outcome data to ensure effective treatment is given to couples, families and individuals.”
6. Supervisor  
Vanessa Neuhaus, M.S., LMFT, LIMHP  
Contact: [vanessa.neuhaus@unl.edu](mailto:vanessa.neuhaus@unl.edu) | (323) 907-7728
7. The purpose of this internship with the UNL Couple and Family Clinic is to assist the supervisors and graduate students in this department and degree program with tasks, and to learn about the process of becoming a licensed Marriage and Family Therapist.
8. Major work responsibilities include helping clients and therapists make scheduling changes, answering phone calls and emails addressed to the clinic, and taking payments from clients for their therapy sessions.

Over the course of the internship, I acquired communication skills, both in person and via technology. This included being timely, responsive, and open-minded. I was able to learn how to better interact with professionals and act as one myself.

9. The most critical moment I had at this internship was in my first observation of a therapy session. It was very beneficial to see the therapist at work and it reassured me that I want to pursue a career as a therapist as well.
10. I believe that it is important to have an interest in the profession of therapy or some type of human services field. Be prepared to interact with people, but also maintain a level of individual responsibility.

11. I would recommend this particular organization to future internship students, specifically because it is a great way to get to know the faculty that work for the Child, Youth and Family Studies department and learn how the programs are run at UNL. It is also a great opportunity to learn about the different forms of therapeutic treatment and how clients can be best helped.

Jimmy Neneman

CYAF 497D

Internship description

11-19-21

1. Jimmy Neneman
2. Family Science
3. Teaching assistant
4. Garden patch creative learning center, 402-991-1517, 8675 S 167th plaza,  
<http://www.gardenpatchclc.com/>
5. The mission of this organization is to educate children from the ages of 2-4, give school age children a place where they can come after school, have fun. This place also feeds children breakfast and takes the school age children to school. In the summer, children are fed breakfast and lunch. All children receive a snack during the day. Garden patch is an awesome place with a great staff that gives children a fun and safe environment to hang out when their parents are at work.
6. Morgan Holz- 402-315-0018
7. The purpose of my internship is to give me experience working with children so that I have the experience I need to be a foster care specialist. It has also given me experience communicating with parents which is something I am going to need to do with my future profession.
8. A. The major responsibilities was assisting the teacher in any area she needed help in. I would spend my time supervising the children, building legos with them, drawing and



coloring with them, playing sports with them, helping them with homework, and being there for them if they ever needed any help.

B. Patience and having better body language are the skills I acquired, working with children can be very difficult and my patience has improved tremendously throughout this internship. While working with children, when they are having a tantrum or not doing what they are supposed to be doing, they really feed off your body language so if you are stressed out and trying to help them, it only stresses them out more.

C. I gained a bunch of knowledge in the area of the various ways you can teach children, every child is not the same so you need to be able to have multiple methods of teaching. I also gained a lot of knowledge in how to help calm a child down during a tantrum and the ways of getting them to listen when they are not doing what they are supposed to be doing.

9. The most critical moment for me at this internship is when this girl would not talk to the head teacher or any other teacher to do her pre-k assessment. The teachers saw her talking to me and were surprised so they had me do her assessment for her and I did a great job my supervisor said so they started letting me do the pre-k assessments.

10. My advice is to show up and be ready to learn because working with children is something where no day is the same and you are constantly having to think on your feet with any issues that are thrown at you.

11. I would definitely recommend this organization, they are so flexible and every staff member is always there for you if you have any questions. Everyone knows that it is a big learning experience and they will always help you out. The supervisors are very communicative and that what was so big for me.

1. Name
  - a. Robert Nguyen
  
2. Major area of study or focus
  - a. Major: Child, Youth, and Family Studies
  - b. Minor: Sociology
  
3. Practicum Position Title
  - a. Legal Intern
  
4. Organization
  - a. Name
    - i. Kasaby & Schmoke
  - b. Address & Contact Number
    - i. Address: 402-884-0700
    - ii. 308 South 19th Street, Omaha, NE 68102
  
5. Mission of the organization or agency
  - a. We help our clients navigate the vast government bureaucracy, cut through red tape to get answers, action, and results.
  
6. Supervisor
  - a. Name/Title
    - i. Lucas Woods
    - ii. Immigration Attorney
  - b. Contact
    - i. Office: 402-884-0700
    - ii. Cell: 402-669-8428
    - iii. Fax 402-614-5926
  
7. Describe the purpose of your internship.
  - a. The purpose of my internship was to gain knowledge of the immigration system, specifically how it pertains to children. Another purpose of the internship is to confirm my decision on law school and to gain the skills needed to navigate the field of law.
  
8. Work responsibilities, skills, and knowledge
  - a. Major work responsibilities
    - i. Complete general office duties: including filing documents, conducting legal research, managing client files, and other administrative tasks as assigned by the management team.
  - b. What skills did you acquire?
    - i. How to complete administrative forms of relief, conduct client interviews, investigate and review evidence to determine if it is relevant to a client's case with oversight from a managing attorney, communicate and work with a diverse population

- c. What type of knowledge did you gain?
    - i. A better understanding of the legal immigration system. I also gain knowledge about the Women Against Violence Act and how it translates into a form of relief for individuals who are in coercive and violent relationships. Additionally, the bulk of my experience has been in understanding how/who/when a child can be designated as a Special Immigrant Juvenile.
9. What was your most critical moment at your internship?
- a. The most critical moment in my internship was completing the first form of relief. It meant a lot to me knowing that I played a part in someone's immigration process especially because I am a child of two immigrants.
10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization?
- a. My recommendation for future internships student going into the law field is to have an idea of what type of law you would like to practice. You will learn a lot about law as a whole while at a firm, but it makes the experience so much more if you're able to get a head start in a specific area of law.
11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*
- a. I would indeed recommend this firm to any future student interested in a legal profession. Since the day I started everyone at the firm has been very kind and eager to help me. I feel very comfortable asking questions, and everyone at the firm has contributed to my growth over the course of the semester.

# Internship Description Guideline

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**UPLOAD by: Friday, Nov. 19<sup>th</sup> 11:59 p.m.**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
  - a. Isaac Nuland-Bowman
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
  - a. Child, Youth, and Family Studies (Early Childhood Education, Educational Psychology, Psychology)



3. Practicum position title.
  - a. Full Time Green Preschool Teacher
4. Organization / agency name, Organization / agency address and contact number / Organization website if available
  - a. UNL Children's Center
    - i. 2225 W Street, Lincoln, NE
    - ii. (402)-472-2009
    - iii. <https://childcare.unl.edu/>
5. Mission of the organization or agency.
  - a. "We provide a safe and educational environment for children and families. We value learning, cultural diversity, and nurturing the whole child."
6. Supervisor's name and title, Supervisor's contact number (phone and fax, if available)
  - a. Callie Wilhite (Director)
    - i. Phone Number: (402)-472-2115
    - ii. Fax: (402)-472-2001

7. Describe the purpose of your internship.
  - a. The purpose of my internship is explore the realm of full time work with children and the duties that come along with it. It allows me to see what it's actually like to teach and gain more experience behind the scenes.

8. Work responsibilities, skills, and knowledge:

**8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

- Safety and progress the learning of the children in my room
- Teach the appropriate socioemotional skills
- Lesson planning and documenting their progress
- Spending a majority of my time in the classroom working through lessons, guiding free play, and building relationships with them
- Parent interactions
- Staff meetings
- Trainings

**8b.) What skills did you acquire over the course of your internship?**

- Building relationships
- Talk to each child on the level they are at and have them understand what I want them to learn and how to implement it
- I also learned how to better talk to staff and communicate what I expect of them in my classroom when working with the children

**8c.) What type of knowledge did you gain?**

- Overall, I think the most important type of knowledge I gained was how to be patient and understand where each kid is coming from

9. What was your most critical moment at your internship? Explain *why*.

- a. The most critical moment in my internship was getting invited to one of my kid's birthday party. This is a moment where I felt like I have been making an impact in the kid's life and wanted me to be around for his day. While this moment doesn't necessarily relate to classroom activities, I think it relates to how important building relationships is in a classroom. Without these relationships, the children do not trust teachers as much and it's much more difficult to get them to listen to you. This moment solidified that what I was doing was purposeful and that I am having an impact on their lives.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- a. If you want to go into education, but particularly K-12 education, than early childhood might not be right for you. Early childhood education isn't really education like a lot of education majors think. It's primarily socioemotional teaching, which can become repetitive and draining. You have to understand what you're getting into before taking the job because your expectations are not going to match reality.
- b. Make sure you have enough experience where you feel confident in taking the



position. If you haven't worked with kids for a significant amount of time, than working full time and creating lesson plans centered around them is going to be pretty difficult.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

- a. I would recommend the UNL Children's Center for others looking for an internship. They provide excellent opportunities to work with a variety of age groups and with teachers with a variety of teaching styles. They take care of student staff by allowing for flexible hours and allow for students to test out in different rooms so they can find their prefer age group. It's a great environment to learn how to teach since it's very 1 on 1 with a lot of full time teacher interaction to coach you through certain interactions.

## Internship Description

1. Zoey Schena
2. Human Development and Family Science (Minors: Biology, Psychology)
3. Selection Analyst
4. Gallup
  - a. Gallup: 1001 Gallup Drive Omaha, NE 68102
  - b. <https://www.gallup.com/home.aspx>
5. Mission: Gallup delivers analytics and advice to help leaders and organizations solve their most pressing problems.
6. Lynsi Nauman: Workplace Consultant
  - a. Contact Number: 402-938-6237
7. Purpose of Internship:
  - a. Leading phone interviews with Stryker candidates and identifying which ones have the talent to drive business performance.
  - b. Interviewing a variety of career fields and using Gallup's selection science to identify what it really takes for someone to be a good fit for a company.
  - c. Listen for talent cues and analyze the results to provide valuable feedback that enables Gallup's clients to make the best hiring decisions.
8. Work Responsibilities, Skills, and Knowledge:
  - a. Conducting interviews, live coding, pulling milestones and writing a synopsis of the person I interviewed in order for my supervisor to call our clients and provide them with helpful feedback, attend biweekly team meetings and check-ins with my supervisor.

- b. Communication, time management, analysis
  - c. Explicit and Implicit (taking factual information and interpreting/conceptualizing the facts in order to accurately code)
9. My most critical moment was doing my Go-Live interviews in order to complete the certification process. In order to pass you need three 90% on each Go-Live. I was struggling to hit this and if you fail to meet this standard, you are let go. This was a turning point for me because I had to realize that I was my biggest obstacle. Once I realized that my lack of confidence in my ability was standing in my way of success, I was able to complete the Go-Live process and become certified in my position.
10. Being eager to learn, having confidence in my abilities, and not being afraid to ask questions. I believe these three things have really helped in my success in this internship process.
11. Yes, I would recommend this position to internship students in the future. Gallup does great and helps you form connections throughout the company. Furthermore, they work with you on your strengths and career match you to see where you fit best within their company post-grad. They make you feel secure and comfortable and truly want to see you succeed.



# Internship Description Guideline

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**UPLOAD by: Friday, Nov. 19<sup>th</sup> 11:59 p.m.**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Alyssa Schurman
2. Child Youth & Family Studies, Human Development and Family Science



3. High School Guidance Counselor Intern
4. Sutton Public Schools  
1107 N Saunders Ave Sutton NE 68979  
<https://suttonpublicschool.org>
5. Embracing diversity to educate and empower all students for success. Together, we strive to create the leaders of tomorrow, today.

6. Sharon Zoucha  
402-773-4303 (Will be retired next year)

7. The purpose of my internship was not only to fulfill my 497D requirement, but to further explore the profession of guidance counseling. I wanted to gain exposure to the day-to-day activities and life of a high school counselor. I wanted to work alongside a guidance counselor to see if it was a possible career for me in the future.

8. Work responsibilities, skills, and knowledge:

- 8a.) Some major work responsibilities of my internship lied within busy work. Because of NDA/privacy guidelines, as an intern not officially a staff member and not certified by the state, there were many sessions with students I was not able to sit in on. However, I sat in on many elementary class guidance sessions, copied, organized, and filed student transcripts when necessary. Aided in school safety protocol, helped administer nationwide tests such as the PSAT, assisted in homecoming duties, volunteered for basketball bookkeeping, and helped with day-to-day activities.**
- 8b.) There are many skills I acquired during this internship. I brushed up on my time management skills as I made sure to be in the building before 8am. I became**



**familiar with students and their academic journeys and learned how to make personal connections with them. I learned how to carry myself in a professional manner to others and learned how to properly store student files.**

**8c.) An abundance of knowledge was gained from this internship. I became familiar with Psychological First Aid, Statewide School Safety Protocol, Nebraska Department of Education's Character Strong Program, Suicide Prevention Model Resources, Education Quest Foundation, ACT/PSAT/SAT, and Nebraska High School Counselor Google Group Access.**

9. What was your most critical moment at your internship? Explain *why*.

My most critical moment at my internship overall was just at the beginning. Familiarizing myself with staff, coworkers, and students played a huge part in getting comfortable and confident at my internship. Once I was able to feel confident socially, I was able to excel at all other responsibilities that came with my intern position.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I recommend reaching out to high school guidance counselors who are local to you. Whether that's the community you are in or returning to your hometown. They are often more than willing to work with you and are excited about young community members playing a part in our schools! Be aware that this internship will likely be unpaid, and there will be certain things you cannot sit in on or have access to for privacy and certification reasons. Although I have loved this internship, I would recommend taking it for the lower number of hours as it has been difficult to stay busy for just 3 days out of the week. So, it has been easy to get an idea of the life of a school guidance counselor very quickly!

11. Would you recommend this organization or agency to future internship students? *Why/why not?*

I would not recommend this organization to future internship students as the guidance counselor I am under is planning to retire after this year and she has been here for over twenty years! So, a new face will be at this school and may not feel comfortable offering an intern position.

However, I do recommend an internship like this as it has been very beneficial as far as finding out if this is an ideal career path for me!

## Internship Description

1. Jacob Sorensen
2. Child Youth and Family Studies: Human Development and Family Science
3. Sales Intern
4. IronConnect
  - a. 2930 Ridge Line Rd STE #111, Lincoln, NE 68516
  - b. (402) 484-1842
  - c. Login only website
5. The mission of IronConnect is to connect agricultural and construction dealerships across North America on a private platform where they can sell, source, or trade equipment and parts. This platform is also a network for dealers to form relationships with other dealers for future trades and transactions.
6. Kyle Hatch - Director of Sales
  - a. (308) 289-6538
  - b. [Kyle@IronConnect.com](mailto:Kyle@IronConnect.com)
7. The purpose of my internship was to get exposure to a sales environment as I chose a different path throughout college. Interns were able to learn different sales pitch techniques, as well as pitching and conversing with different types of dealers all over the country. These conversations varied from good to bad, but it was a crucial part of the process.
8. Work Responsibilities, Skills, Knowledge
  - a. There were a majority of work responsibilities that I did at my internship daily.  
Calling different dealers on pieces of equipment that may bring interest their way

was one of the main tasks us interns tackled. We also entered data like new locations and businesses, as well as travel data and equipment preference data. Lastly, we would have weekly sales training and would help prepare the resources needed for the sales representatives trips.

- b. The main skills that I learned over the course of my internship were definitely my communication skills and handling situations in different ways. Whether that was finding a new dealer to visit in crunch time before a sales representative trip, or having a tough time dealing with a dealer on the phone, I was able to enhance both skills everyday. While being a CYAF major, I wasn't too familiar with excel and working with software as a whole, but this internship helped enhance those skills as well and have helped me become familiar with the technology.
  - c. Although I was familiar with pieces of equipment from my prior experience of working on a farm, I did get to gain more knowledge on the background of each dealership itself, as well as the OEM's (Original Equipment Manufacturer) themselves. I am able to converse with different dealers about different pieces of equipment that I now have background knowledge about, and am able to pick apart what each piece of equipment does. Another piece of knowledge that I personally gained was that every conversation with each individual I converse with is different, and that many people may go through different things to make them the way they are.
9. The most critical moment at my internship would have to be when I took over a sales representative's territory for a month. The sales rep was assigned a different territory, one that was far different than his last. While he was out on the road each week trying to

make new business and get a face to the name with clients, I took over his role and kept up with his running clients on a weekly basis. I would ask if they needed any help getting pieces of equipment up on the site, or help navigating IronConnect as a whole. If they did need help, we would set up a screen share to run through the site and go through whichever questions they may have. This allowed me to focus on one territory and get to know each dealer specifically based on our few interactions throughout the month.

10. The recommendations I have for a student wanting to pursue this type of field for an internship is to have a positive mindset and continue to progress through adversity. There will be many conversations with many different individuals from all over the country, and some may be completely opposite of the last one. Whether positive or negative interactions, keep pushing because at some point a dealer will want to come on board or you will make a sale eventually.

11. I would for sure recommend IronConnect to future students who are interested in equipment, or even sales as a whole. The work environment at IronConnect is hard to beat, and I was able to form relationships with each coworker from the start. As an open office space, we are consistently together and cooperating with one another on how to close a sale on a dealer, or how to do something like sort an excel sheet. The directors of sales also give great training tips on how to pitch the product to a customer and close them as well, providing weekly meetings for sales training with interns. Overall, it was a great way to enhance my communication skills and network.

## Internship description

- 1.) Shannon Stott
- 2.) Child youth and family studies
- 3.) Blog Writer and role in outreach of finding potential collaborations with the brand.
- 4.)
  - Tiiga
  - 13824 Decatur Circle Omaha NE 68154
  - 402-937-6035
  - <https://drinktiiga.com/>
- 5.) To promote using the baobab tree as an excellent source of nutrients used in their drink mix. The drink mix has many health benefits, their mission is to share this with other brands that advocate for different things such as healthy living!
- 6.) Jeff Tezak. 402-937-6035
- 7.) The purpose of my internship is to gain experience of sports marketing. I had the goal of experiencing this as I am unsure of what I specifically want to do as a profession. Doing this internship has opened my eyes and definitely strengthened my interest for a future in writing or working in marketing. The main part I enjoyed the most was writing to persuade the audience.
- 8.)

**a.** The major role I had was writing blogs. I created a list of topics that intrigue me, together with Jeff the supervisor and used these points to create blog topics. Some of these topics included ; How is Gut health related to mental health or even something like ‘Can nutrition help with performance in pressure situations, big crowds or final shot’. I wrote these blogs about these topics and incorporated the product of tiiga.

**b.** The main skill that was strengthened during my internship experience was definitely time management. Having to juggle this with schoolwork and practice taught me to structure my time wisely so that I could do everything to the best of my ability. It was hard in the beginning but once I got the hang of things it got better.

**c.** From the internship I learnt how difficult it may be to search and gain people to promote a brand. I didn’t think it was as complicated until I started a role of outreach, and Jeff explained the method of doing so!

- 9.) The most critical moment of my internship was learning the history of the company. Learning about how the brand became about and where it roots from was essential. It was important to learn about how it began from the baobab tree which is found in low-lying parts of Africa and Australia. With this knowledge I am able to input facts into my blogs and emails to influencers when trying to form collaboration deals.

- 10.) My recommendations for future internship students would be to find something that really intrigues you, and that it doesn't have to necessarily be what you plan to do for the future. I think exploring other opportunities is great to gain overall experience and help with deciding what future you really want.
- 11.) I would absolutely recommend Tiiga for an internship opportunity. Katy and Jeff, the co-founders of this business are great with working with people who are trying to find their feet. They are patient and willing to teach and help. Also, not forgetting that their company is new and expanding! Growing with a business is a great experience and very exciting.

- Addie Thielen
- Human Development and Family Science
- Assistant Teacher in the Nursery Room
- UNL Children's Center
  - 2225 W Street, Lincoln, NE, 68508
  - <https://childcare.unl.edu/>
- Creative Curriculum is used to plan and assess for a developmental education for the children. The curriculum starts in the infant room and continues throughout the preschool program. The interests of the children are used for the planning of activities in the classroom. Children learn better if they are directly involved in the choices they have in the classroom. It is the teacher's job to plan activities to engage the minds of their children in daily activities. Children are seen as an individual when they take their journey of learning.
- Supervisor: Marina Conditt
  - (773)971-0273
- Purpose: To help infants get everyday care and needs taken care, and to help them gain knowledge at a young age.
- Work Responsibilities: Prepare meals and bottles, change diapers, help the children with learning, be creative and play with the children.
- Work Skills: I acquired skills of patience and creativity from working with children. This internship taught me responsibility for caring for someone else's child, and the organization it takes to help make a classroom run smoothly.
- Work Knowledge: I gained a lot of knowledge about infants by working in the nursery. Preparing bottles and making sure they are used within an hour, what milk each child receives (breastmilk, formula, or mixed), nutrition needs of each child are very important, and learning how to help a child grow and learn in eating and trying new foods. I also learned how important sensory learning is at the infant stage, and how it is beneficial to their brain development.
- I think the most critical part of my internship was when I was able to help lead the classroom for the day. My head teacher/supervisor was out sick and I helped fill her role for the day. It was a great learning experiencing, and I was able to show myself that I can command a classroom and help other teachers be successful.
- I would recommend to anyone coming into this internship to be open minded and willing to learn. It was not an easy process getting adjusted to a chaotic nursery classroom, but once I did and was able to be a helping hand it felt much more fulfilling. I would also recommend to come in with some experience of working with children because it's a hard job to deal with children and their behaviors.
- I would recommend this internship because the Children's Center works well with all the UNL students who are assistant teachers. They work with your schedule, and want you to be able to succeed not only on the job but in your academics.



# Internship Description Guideline

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**UPLOAD by: Friday, Nov. 19<sup>th</sup> 11:59 p.m.**

**Assignment:** Follow the outline below; complete the assignment in **outline form**- not paragraph form!

1. Your name.
  - a. Leslie Turner
2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)
  - a. Human development and family science (with minors in education and psychology)



3. Practicum position title.
  - a. Co-teacher
4. Organization / agency name,  
Organization / agency address and contact number  
Organization website if available
  - Trinity Child Care Village Gardens, 7130 Kentwell Lane
  - <https://www.trinitylincoln.org/trinity-child-care>
4. Mission of the organization or agency.
  - a. “The goal of Trinity Child Care is to provide quality care for infants and young children in a clean, safe, and stimulating environment”
5. Supervisor’s name and title, Supervisor’s contact number (phone and fax, if available).
  - a. Amanda Mahlin, Child care director, 402- 421- 0184, [amahlin@trintiylincoln.org](mailto:amahlin@trintiylincoln.org)
6. Describe the purpose of your internship.
  - a. At first, I was helping in the office and front desk, learning how to work the database, file different papers for the families, and make connections with the direction, assistant director, and the secretary. After a month or so, I was offered a full time position to be a co-teacher in an infant room, where I currently am helping children transition from the youngest infant room to become ready for the toddler room. I am working with children ranging from 7-18 months, with a majority being just around a year now.



8. Work responsibilities, skills, and knowledge:

**8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?**

- **I have been spending my time gaining new knowledge and techniques for working with young children. I am responsible for everything throughout their day, so I am working with the other teacher to coordinate mealtime, naps, and everything in between.**

**8b.) What skills did you acquire over the course of your internship?**

- **Patience is a huge skill that is vital for working with children. With the age group I am working with, everyone is at different milestones, and it takes a lot of patience to work with all the children at the level that they are at. It is also important that I am working with each child to help develop their skills instead of not letting the child learn and figure out different obstacles by themselves, an example would be walking!**

**8c.) What type of knowledge did you gain?**

- **I have gained better communication skills, since I am working with other teacher each day (ratio is 4-1) and we must be on the same path. I am also in constant communication with the parents and the childcare directors, making sure everyone is on the same page, whether it be about a child getting picked up early, to an injury, or just stopping by the office with the babies to say hi!**

9. What was your most critical moment at your internship? Explain *why*.

- I think my most critical part of my internship was when I started working in a room full time. The other co-teacher was new, and I was new to the room. We had to make sure we were both connecting with each other as well as being a good fit for the room and what the children needed from us. Luckily, the other teacher and I clicked pretty quickly and were able to adjust to our routine quickly, but it was a really important aspect, as the director wanted to make sure that the other teacher was going to teach “the Trinity way” since she had come to us from a different center.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

- I would say that it is important to be interested in the organization or the work they are doing. For me, I thought I was going to do the bare minimum of hours (150) for the course but ended up switching so I could get the maximum amount of hours (300). I think it is important that someone likes the place they are interning at since they’ll be spending time there, but also because it is a valuable place to build connections if it is something that is worth sticking with in the future. I would also want others to know that it is okay if the internship is just an internship and they’re just doing it to get credit and get over with, but that they might as well embrace it and dive in headfirst, regardless of if it is a new experience or not.

11. Would you recommend this particular organization or agency to future internship students? *Why/why not?*

- Yes! Amanda the director and all the other office staff are so friendly and easy to get along with. They are very willing to work with schedules and are always willing to help or be a

resource. I also would recommend Trinity because you can tell they pride themselves on being a quality center and really care about their impact. I also would recommend it because working with children is a great way to learn to slow down and just take everything as it comes, one step at a time. I think it teaches both the teacher and the child, which is a really rewarding experience!

# Internship Description

1. Name: Shanna Utecht
2. Major area of study: Human Development and Family Sciences
  - a. Minors: Psychology, Sociology, Gerontology
3. Practicum Position Title: Social Work/Mental Health Practitioner Intern
4. Organization: Lincoln Family Medical Group, L.C.
  - a. 7441 O Street, Ste. 300, Lincoln, NE 68510 - (402) 488-7400
  - b. [www.lfmgpc.com](http://www.lfmgpc.com)
5. Mission of the Organization: Lincoln Family Medical Group, P.C. is a team of healthcare providers.....serving according to Jesus Christ's example and with the resources He provides...ministering to medical, psychological, and spiritual needs...reaching out, as the Lord leads, to people in Lincoln, its surrounding communities, and other locations around the world.
6. Supervisor Contact: Jennifer Coon, LCSW, LMHP - Community Health Coordinator
  - a. 402-488-7400
7. Purpose of internship: The purpose of this internship is to well equip the intern in aiding with patients in the geriatric demographic with Medicare reviews, Advanced Care Planning, Therapy and other psychological needs, and to gain experience in observing live therapy sessions.
8. Work responsibilities, skills, and knowledge:
  - a. The intern's major responsibilities are to assist Jennifer with her everyday duties; this means sending out paperwork for medicare wellness exams, observing

therapy sessions, helping patients with advanced care planning, medicare reviews for yearly plans, etc. The responsibilities look different every day, but your main duty is to assist Jennifer with her tasks.

- b. Skills: friendly, knowledgeable on medical records, observant, flexibility, reliability, comfort and ability to empathize
  - c. Type of knowledge gained: knowledge in medical records, how to advanced care plan, knowledge on medicare, therapy skills used in sessions, personability with patients
9. Most critical moment: observing a live court case for a patient with disability was subpoenaed. This experience was unlike anything I'd ever experienced, and it was a great experience. This internship is very steady work; some days are busier than others, so it depends on the tasks being completed.
10. Recommendation for future interns: Be able to come ready to learn and adapt, especially if social work is not your anticipated career choice. Even though social work is not what I am working towards, I still learned so many valuable aspects about therapy through this internship, which is more aimed towards my future.
11. I would definitely recommend this internship to those interested in geriatric-aged patients or general social work. Jennifer and myself are connected personally through a mutual friend, but she has been an excellent professional to intern for. She is very inclusive and enhances your learning experience.

1. Your name.

Claire Watson

2. Major area of study or focus (e.g., Family Science, Early Childhood Education, etc...)

Family Science

3. Practicum position title.

Family Empowerment Team Intern

4. Organization / agency name, Organization / agency address and contact number, Organization website if available

Child Saving Institute

4545 Dodge Street, Omaha, NE, 68132

402-553-6000

[childsaving.org](http://childsaving.org)

5. Mission of the organization or agency.

The mission of Child Saving Institute is “responding to the cry of a child.”

6. Supervisor’s name and title,

Supervisor’s contact number (phone and fax, if available).

Diana Hernandez, Lead Case Manager

Phone: 402-504-3680

Fax: 402-553-2428

7. Describe the purpose of your internship.

The purpose of my internship is to provide support to the Family Empowerment Team however it is needed.

8. Work responsibilities, skills, and knowledge:

8a.) Describe your major work responsibilities of your internship (i.e., what did you do? and how did you spend your time?

Assisting in preparation for support groups, attend support groups

8b.) What skills did you acquire over the course of your internship?

Professional communication, organization, planning, research

8c.) What type of knowledge did you gain?

How to organize and run a support group, how to find local community resources

9. What was your most critical moment at your internship? Explain why.

10. What are your recommendations for future internship students for preparing for the internship experience in a similar position or organization.

I recommend that you become comfortable hearing uncomfortable things and talking about uncomfortable topics like the realities of domestic violence.

11. Would you recommend this particular organization or agency to future internship students? Why/why not?

I loved my experience and I would recommend it to future students because I feel that I was able to see a lot of the real world and I learned a lot as well. Everyone was also super welcoming and I got to see a lot of the company.



## Internship Description

11-19-21

1. Kristina Wessendorf
2. Major: Child Youth and Family Studies with an emphasis in Human Development and Family Science
3. Intern Child Development Teacher
4. Giggles Drop-in Child-Care Center  
1250-M, Western Blvd, Jacksonville, NC 28546  
[\(910\) 939-2685](tel:(910)939-2685)  
<https://www.gigglesdaycareinc.com/>
5. From the website: "Giggles Drop In Childcare fills two very important needs for families. We offer day care services, drop in childcare services, after school care and summer camps that are safe and fun for your child to be creative, socialize and simply have a great time. As a bonus, we provide parents with free time for leisure activities. It is a win/win combination. We absolutely love children of all ages!"
6. Jenny / Giggles Child Care Director  
Madi / Child Care Manager  
[\(910\) 939-2685](tel:(910)939-2685)
7. The purpose of my internship is to see a different side of child care/ daycares, this child care is based on children's play and how children interact with other children during the day. I see how they interact with kids of all ages as well as how they are able to communicate and use their words rather than emotions. It is definitely a different atmosphere than any other child care facility then I have been in but to me it is very interesting to see.
8. Responsibilities include anywhere from playing with children, reading books, changing diapers, bathroom reminders, prepping lunch or snack, helping feed children, holding children and rocking them to sleep, helping with afterschool homework, providing a safe environment, etc.
  - a. At first I was doing more observing rather than doing but now I am able to jump in and help with just about anything. I change diapers and play with children and read books. I also have helped with lunch prep or different crafts that they have done.
  - b. I have been able to step in a lot sooner when I see behaviors and be able to work alone with children and start different games and activities. Just over all been able to open up and not be so shy.
  - c. I have gained the sense of knowing that play is good for children, I wasn't sure how I would feel but play is good for children and It really makes them open up to each other and gives very good social skills. Also, this facility is very much a team work, everyone helps each other out all the time.
9. For me just stepping in and getting involved this is not a place where you can just stand back and watch. You have to be able to get involved and put yourself out there to help out without being told what to do.



10. Honestly I would say that you need to find somewhere that you fit in and that is open for learning experiences. Somewhere that you think would be a forever or long-term place for you to work. Also, don't be afraid to voice your concerns and opinions to your boss and professor.
11. I would say that this job might be good for other people and I have learned a lot of things from this internship but for me this is not a place I could see myself working. It is not up to my speed of things. Although I have learned a lot this is not my forever job or long-term job. I do think that this is a good place for other people to work.

## Internship Description

1. Chandler Witt
2. Child, Youth, and Family Studies and Psychology
3. Landlord Assistant
4. Derr Rentals  
  
6115 S. 25<sup>th</sup> Street, Lincoln, NE 68512 – 402-890-3531
5. The mission of Derr Rentals is to provide quality housing to lessee's and improve other properties along the way to prep them for market.
6. Robin Derr, Owner and Founder of Derr Rentals  
  
402-890-3531
7. The purpose of this internship was to put myself in a blue collar setting that would improve my communication skills among people. I am going into construction after graduation, so I chose this internship because of the one-on-one contact with people in the community and how it still allowed me to fix properties. I would find candidates that wanted to rent properties, go through the application process with them, and find the best ones to fit the rentals.
8. a. My major work responsibilities were to meet with families, have open houses at properties, do background checks for applicants, find the best applicants, and prep the houses to be move-in ready  
  
b. The major skill that I obtained was a better form of public speaking and communication. I can be fluent with my wording, predict situations, know how to react to certain forms of verbal and non-verbal communication, and this was exactly what I

needed to improve. I also kept active with my construction skills that I obtained from years of experience prior.

c. The knowledge I gained was how rental properties work including application process, what applicants to choose, how certain parts of the home have to meet standards of the state for rental properties, and how to run an open house efficiently which takes a lot of thought processing, especially with a lot of people.

9. The most critical moment of the internship was when I overcame my fear of speaking in front of an audience of people. There was an open house of 10 or so people and once I got past my nerves and relaxed, I realized that I could talk to these people in a more understandable and knowledgeable fashion. I have always struggled with public speaking and even communication classes where you give speeches, but now I feel like I can do it with confidence. This was my second open house and after that, I was so happy to have overcome my fear.
10. There isn't much you can do to prepare for this internship besides possible communication courses that will help with public speaking. Everything I learned here was hands on! Showing up with a smile and ready to learn attitude was what made this experience easy and fun for me.
11. I would recommend this type of internship for students who are wanting to go into a similar field as me if they want to get a real hands on feel of what it is like to fix and rent out properties. It may not be for most people, but it was a great learning experience for me!

1. Audrey Workman
2. Child, Youth and Family Studies
3. Physical Therapy Technician
4. Husker Rehabilitation and Wellness
  - a. 4911 N. 26<sup>th</sup> St #100 Lincoln, NE 68508
  - b. 402-477-3110
5. Our Mission is to provide cost effective holistic rehabilitation and occupational health services which exceed our customer's expectations and maximize functional outcomes in an attractive and caring environment, as well as to provide the opportunity for preventative care and continued self-rehabilitation through wellness center programs.
6. Patty Gerlach, Office Manager
  - a. 402-477-3110
- 7/8.
  - b. I worked at Husker Rehabilitation and Wellness Center as a physical therapy technician. I developed communication skills through interactions with patients by taking them to their treatment room, properly setting them up for treatments, and guiding them through designated exercises. I showed empathy towards patients who were struggling physically and emotionally, creating an efficient environment for recovery. In addition, I performed electrical stimulation and therapeutic ultrasound treatment on specified areas. Utilizing these modalities requires knowledge of the machinery and the skillset to understand the plan of care denoted by the physical therapist.

9. My most critical moment in my internship is when I was able to set up and interact with gym patients independently. It helped me gain more confidence as I progress into my future career as a physical therapist.

10. I think that they need to be open to learning new things and being open to new experiences.

11. I would recommend this job to another student that is considering physical therapy. The clinic is a wholesome environment that really fosters learning.

1. Zae Yebe
2. Child, Youth, and Family, Studies with a focus on Human Development and Family Science
3. Child and Family Services Specialist Intern
4. Nebraska Department of Health and Human Services: Children and Family Services Division.
  - a. Address: 5220 South 16th Street, Lincoln, NE 68512
  - b. Contact Name & Number: Amy Lauritsen, 402-617-7147
  - c. Website: <https://dhhs.ne.gov/Pages/Children-and-Family-Services.aspx>
5. The mission of the Division of Children and Family Services is to provide the least disruptive services when needed, for only as long as needed to give children the opportunity to succeed as adults, help the elderly and disabled live with dignity and respect and help families care for themselves. Our mission will result in healthier families and safer, more prosperous communities.
6. I technically had two supervisors and worked directly with the person I shadowed. My initial contact for the internship was Amy Lauritsen, a Child, and Family Services Specialist Supervisor. Her phone number is 402-617-7147. Amy's fax number is 402-477-0039.
  - A. The person I shadowed, Kelsi Anderson is who I deem to be my supervisor because I recreated my hours with her. Kelsi Anderson is an Initial Assessment, Child and Family Services Specialist. Kelsi's phone number is 402-318-4545 and her fax number is 402-477-0039
7. The purpose of my internship is to shadow a CFSS caseworker and understand the full functions of what caseworkers see and do on a day-to-day basis, whether it be completing documentations, testifying in court, or speaking with families. I also learned if this career field was for me, based on if I could handle the emotional aspects that come with this job. I have read, seen, and heard about family situations that are devastating which is common for this line of work, and it is important to understand that traumatic events take place everyday, and it is the duty of CFSS caseworkers to help families navigate through these issues.
8.
  - a. A lot of my responsibilities centered on shadowing, by listening and taking notes of conversations and meetings we attended. I attended court hearings, family team meetings, CAC forensic interviews, drove to different towns to speak with students and their school social workers, connected with clinical social workers at the mental health unit at hospitals, and learned how to complete certain documents. Documents that I learned how to fill out were; affidavits, identifying safety threats to create voluntary and formal safety plans, creating background

checks on perpetrators' past offenses on their victims, and general documentation from conversations between caseworkers and their clients. A huge part of the job is documentation, and I quickly learned that if meetings are not documented, they did not occur!

- b. A great skill that I learned while my internship was the importance of work-life balance, and taking care of your mental health while doing a traumatic job. I began journaling my days, and I believe this has helped me with my fear of not being good enough to complete daunting tasks, like reading and listening to sensitive situations. I was also able to learn how to empathize more, and be less doubtful of my decision-making skills because it is vital to make quick, rational decisions in a field like this. I also learned the skill of writing about facts and getting straight to the point. Another skill that I learned was not be afraid to speak up and connect with "important people" I had the opportunity to meet countless county attorneys on my internship, and was able to hold interesting conversations with them about their work!
  - c. I gained the knowledge that it is vital to be willing to try new things, and take the initiative to learn on the job even if it's outside of my comfort zone!
9. A critical moment at my internship, was when I realized that I am not as empathetic as I thought I was. A caseworker and I were out on a case that I assumed would be close, because a mother disclosed that she was not currently using and would never do it again, in order to be with her daughter. Unfortunately, she did use again, and lied to not only me and the caseworker, but to her family and her daughter. I was very hurt and upset by this, because I like giving people the benefit of doubt, and believed every word she told us. Because she lied, I felt deceived and quickly lost all empathy that I held for her. I had a very long conversation with the caseworker about how I felt, and she told me it is common but to understand that people who struggle with drugs deserve to still be cared for because they suffer from a mental illness, and still deserve help.
10. I would recommend that students prepare mentally for exposure to trauma, and to take care of your own mental health if the work becomes overwhelming. I suggest speaking with your support system, and do not bottle up your emotions! I would also recommend others to not judge families who are in tough situations, and come with an open mind and heart!
11. I would recommend this organization! Caseworkers are quite literally the backbone of our community because they protect children and serve families, and you learn so much about the local issues that occur in your community. I also felt like I was doing important work, and felt valued at my specific site! Everyone there was so willing to let me join them on their job duties, and made coming into the office enjoyable. If anyone is looking into working for our state government through a meaningful way, interesting for DHHS as a CFSS Intern will be a great choice!

## Internship Description

1. Devon Zurek
2. Major: Child, Youth, and Family Studies
3. Montessori Studio Guide
4. Acton Academy Lincoln  
8400 Cody Drive (402-858-5151)  
actonacademylincoln.com
5. Acton Academy Lincoln is a private school in Lincoln, Nebraska where learners become leaders. It is a Montessori inspired school where children discover and grow their unique strengths.
6. Zach Harsin (founder and owner of Acton Academy Lincoln)  
402-858-5151
7. The purpose of my internship was to be a guide in the youngest studio with the 4-6 year old age group. My job was to create a learner-driven environment that best supported the needs of the children in my studio.
8. **Responsibilities:** Plan lessons, circle discussions, and activities that are captivating and provide space for the learners to grow. I spent all day every day in the studio, observing and guiding the learners in their activities. I was the adult figure in the room.  
  
**Skills I acquired:** The ability to lead discussions and plan curriculum. The ability to work with a wide variety of family dynamics. The ability to work with a team of teachers, owners, and creatives in an educational environment.  
  
**Type of knowledge I gained:** I gained a greater understanding of what an alternative educational setting looks like. I learned how to work as a part of a team and how to best serve children in a learner-driven environment. I found out that I really enjoy the educational setting and could see myself in this type of career long-term.
9. The most critical moment at my internship was an experience that involved a lockdown at our school. A child ended up having a severe panic attack, one that made him put other students and himself in danger. Coincidentally, this event happened the same week as module 5, where we learned about the ethical decision-making model. I realized at the moment this event was occurring how much of a responsibility I will have



in my future career to protect both the safety and confidentiality of my students. It was a very eye-opening experience where I truly realized how much of a need there is for human professionals in our world, specifically in educational settings.

10. I would recommend that future students who may be looking for a similar position do their research and/or shadow for a day before officially pursuing interning at this kind of site. Alternative education is very different from public school settings, and it is very important that you know what you are getting into before just jumping in. Additionally, I would recommend that you have previous experience working alongside children if you are looking into this type of internship.
  
11. Yes, I would absolutely recommend interning at Acton Academy!! My coworkers and supervisor are some of the best people I've ever met. The families of the students I work with are truly incredible as well. I have been given so many opportunities to plan and design lessons for the students which has been very empowering. If you are a creative person who is willing to challenge yourself in an alternative education setting, then this would be a great place to intern at.