

Donnia Behrends, MS, RDN

Employment History

Extension Educator, Assistant Director Nutrition Education Program (2005-2006, 2009-Current)

- *University of Nebraska – Lincoln Extension*
 - Coordinated the curriculum for participants enrolled in the Nutrition Education Program (NEP). Major responsibilities include: staff training, developing and reviewing materials, adhering to federal policies/guidance, collaborating with other community nutrition programs, creating and maintaining NEP website, and educating fellow professionals.
 - Coordinated the policy, systems and environmental projects related to early childhood health and physical activity. Donnia serves as the NE Extension Go NAP SACC Coordinator and the NE Extension Marathon Kids co-leader.
 - Coordinated the program evaluation for all programs within the Food, Nutrition and Health interest group. This includes the use of the Program Evaluation and Reporting System.

Extension Educator, NEP Project Coordinator (2005-2006)

- *University of Nebraska – Lincoln Extension*
 - Coordinated the state NEP program. Major responsibilities included: qualitative and quantitative reporting, staff training, new employee training, assisting with generating federal reports to secure annual grant funding, communicating with staff on a day-to-day basis, maintaining NEP website, and attending local, state, and federal meetings to represent NEP.

Instructor/Temporary, NUTR 370 & 371 (2005)

- *University of Nebraska – Lincoln*
 - Taught two undergraduate food production management courses, NUTR 370 and NUTR 371. Major responsibilities included: teaching students in lecture/lab setting, coordinating projects, interacting with department faculty, and evaluating student performances.

Education

M.S., Nutrition and Health Science, University of Nebraska – Lincoln, 2005

Thesis: The Reported Nutrition Knowledge, Behavior, Self-Efficacy, Stage of Change, and Motivational Sources of Caregivers.

B.S., Nutritional Science and Dietetics, University of Nebraska – Lincoln, 2003

Professional Publications

Poster Sessions:

- **Behrends, D.**, Koszewski, W., Perry, C., Jones, G. The Reported Nutrition Knowledge, Behavior, Self-Efficacy, Stage of Change, and Motivational Sources of Caregivers. *Poster presented at the Society for Nutrition Education Conference, San Francisco, CA (2006)*
- Sehi, N., Koszewski, W., **Behrends, D.**, Sather, J. The Impact of Using a Behavior Checklist to Follow-up with Food Stamp Nutrition Education and Expanded Food and Nutrition Education

- Program Graduates at Six Months Post-Graduation. *Poster presented at the Society for Nutrition Education Conference, San Francisco, CA (2006)*
- Large, A., Koszewski, W., **Behrends, D.** Qualitative Analysis of the School Enrichment Nutrition Education Kit Program Targeting 4th and 5th Graders. *Poster presented at the Undergraduate Research Symposium, Lincoln, NE (2008)*
 - Koszewski, W., Sehi, N., Doerneman, S., **Behrends, D.** Teacher Feedback Based on Nutrition Education Program's School Enrichment Project. *Poster presented at the Society for Nutrition Education Conference, New Orleans, LA (2009)*
 - **Behrends, D.**, Koszewski, W., Sehi, N. Distance Education Lessons for Limited Resource Nebraskans. *Poster presented at the Society for Nutrition Education's Pre-Conference, New Orleans, LA (2009)*
 - Campbell, C., Koszewski, W., **Behrends, D.**, Stanek-Krogstrand, K., King, J. The Effectiveness of Distance Education, Using a Blended Method of Delivery, for Limited Resource Audiences in the Nutrition Education Program. *Poster to be presented at the American Dietetic Association's Food and Nutrition Conference and Expo, Denver, CO (2009)*
 - Hatton-Bowers, H., Dev, D.A., Guo, Y., Zainab, R., Cruikshank, K., **Behrends, D.**, Sehi, N., Hulse, E., Dingman, H., & Burger, C. (July-August 2017). Go NAP SACC: A Valuable and Sustainable Approach for Improving Breastfeeding and Infant Feeding Policies and Practices in Family Child Care Homes. *Journal of Nutrition Education, 49, 7, 1, S92.*
 - Dev, D.A., Williams, N., Iruka, I., Patwardhan, I., Cummings, K., Dingman, H., Casanave, L, **Behrends, D.**, Hulse, E., & Rida, Z. (July-August, 2016). Improving the Nutrition and Physical Activity Environment Through Self-Assessment in Nebraska Family Childcare Homes. *Journal of Nutrition Education and Behavior, 48, 7, S25.*
 - **Behrends, D.** (February 2016) Statewide Go NAP SACC Partnership Allows Nebraska SNAP-Ed to Impact Childcare at the Environmental Level. Poster presentation at the SNAP-Ed ASNNA: Association of SNAP-Ed Nutrition Networks and Other Implementing Agencies National Meeting in Arlington, VA.
 - Dev, D. A., Hatton-Bowers, H., Guo, Y., Hulse, E., Rida, Z., Burger, C., Behrends, D ... & Foged, J. (2017). Nutrition Environment and Practices of Family Childcare Homes and Child Care Centers in Nebraska. *Journal of Nutrition Education and Behavior, 49(7), S88.*
 - Rida, Z., Hulse, E., Dingman, H., Lester, K., Burger, C., Dev, D., & Behrends, D. (2017). Go NAP SACC: An Effective Approach in Meeting the Best Practices of Nutrition and Physical Activity for Early Childhood Obesity Prevention. *Journal of the Academy of Nutrition and Dietetics, 117(9), A88.*
 - Yage, G., Dev, D., Choi, E., Shin, J., Rida, Z., Hulse, E., & Behrends, D. (2019). Comparison of Nutrition Practices of Childcare Centers in Rural and Urban Nebraska. *Journal of Nutrition Education and Behavior, 51(7), S93.*
 - Behrends, D., Hulse, E., Abel, K., Rida, Z., Dev, D., Dinkel, D., Dingman, H., & Fischer, J. (2019, April). Nebraska Go NAP SACC. Poster presented at the Nebraska Healthy Kids Summit, Lincoln, NE.
 - Behrends, D. (2019, October). Nebraska Go NAP SACC. Recharge for Resilience Conference, Kearney, NE.
 - Hulse, E., Dinkel, D., Tonkinson, C., Dev, D., Hatton-Bowers, H., Behrends, D., & Burger, C. (2020, May). Nebraska Go NAP SACC: Improving the Quality of Early Care & Education Programs Across Nebraska. Poster presented at the Child Health Research Institute Pediatric Research Forum, Virtual Platform.
 - Behrends, D., Losey, A., Hulse, E. (2021) Nebraska transitioned an in-person early childhood PSE approach, called Go NAP SACC, to be delivered virtually. Poster presented, virtually, at the 2021 ASNNA Conference.
 - Behrends, D., Dinkel, D., Hulse, E., Dev, D., Hatton-Bowers, H., Burger, C., Tonkinson, C. & Schenkelberg, M. (2021). Nebraska Go NAP SACC: Improving the Health of Young Children

through Better Nutrition and Physical Activity. Presentation submitted to the Healthy Kids Summit Research Fair, Virtual Platform.

Professional Publications:

- Koszewski, W., Campbell, C., **Behrends, D.** (2013). The Effectiveness of Distance Education, Using Blended Method of Delivery, for Limited Resource Audiences in the Nutrition Education Program. *The Effectiveness of Distance Education, Using Blended Method of Delivery, for Limited Resource Audiences in the Nutrition Education Program*, 51. <http://www.joe.org/joe/2013august/a4.php>
- Koszewski, W., **Behrends, D.**, Sehi, N., Tuttle, E. (2011). The Impact of SNAP-Ed and EFNEP on Program Graduates Six Months after Graduation. *The Impact of SNAP-Ed and EFNEP on Program Graduates Six Months after Graduation*, 49. <http://www.joe.org/joe/2011october/rb6.php>
- Losey, A., Koszewski, W., **Behrends, D.**, Schnepf, M., Jones, G. (2011). Qualitative Analysis of Youth Feedback of Nutrition School Enrichment Kits. *Qualitative Analysis of Youth Feedback of Nutrition School Enrichment Kits*, 43.
- Koszewski, W., **Behrends, D.**, Sehi, N., Jones, G., Nichols, M. (2011). Patterns of Family Meals and Nutritional Intake in Limited Resource Families. *Patterns of Family Meals and Nutritional Intake in Limited Resource Families*, 34, 431-441.
- Koszewski, W., **Behrends, D.**, Sehi, N., Jones, G., and Nichols, M. Patterns of Family Meals and Nutritional Intake in Limited Resource Families. *Family of Consumer Sciences Research Journal*, June 2011, Volume 34, Issue 4, pages 431-441.
- Kohel, K., Hatton-Bowers, H., Williams, N., Dev, D., **Behrends, D.**, Hulse, E., Rida, Z., Dingman, H., Dinkel, D., & Gebhart, L. (2021). Improving Breastfeeding Environments and Feeding Practices in Family Child Care Homes with the Go NAP SACC Program. *Maternal and Child Health Journal*, 0123456789. <https://doi.org/10.1007/s10995-020-03075-2>
- Dinkel, D., Rech, J.P., Guo, Y., Bice, M., Hulse, E., Behrends, D., Burger, C., & Dev, D. (2021). Examining Differences in Achievement of Physical Activity Best Practices Between Urban and Rural Child Care Facilities by Age. *Early Childhood Education Journal*, epub ahead of print, 1-11. <https://doi.org/10.1007/s10643-021-01169-2>

Certifications

- Registered Dietitian, Commission on Dietetic Registration (2004-current)
- Certified in Adult Weight Management, Commission on Dietetic Registration (2006)
- Certified in Adult Weight Management, level II, Commission on Dietetic Registration (2011)
- Certificate of Adolescent Weight Management, Commission on Dietetic Registration (2020)

Professional Memberships

- American Dietetic Association (2004-current)
- Association of SNAP Nutrition Education Administrators (ASNNA) Nebraska Dietetic Association (2004-current)
- Lincoln District Dietetic Association (2003-current)
- Community Nutrition Partnership Council (2005-current)
- NCEA Member (2005-2018)
 - Specialist Section Secretary/Treasurer (2007-2008)
 - Conference Committee Co-Chair (2009-2010)
- Gamma Sigma Delta Honor Society of Agriculture Member (2008)
- Society for Nutrition Education Member (2006, 2007, 2009)